



Джонас Тичерман

**АНГЛИЙСКИЕ  
ФРАЗОВЫЕ ГЛАГОЛЫ  
И ВЫРАЖЕНИЯ  
В ДИАЛОГАХ**

Систематическое освоение  
фразовых глаголов

Джонас Тичерман

**Английские фразовые  
глаголы и выражения  
в диалогах. Систематическое  
освоение фразовых глаголов**

«Издательские решения»

## **Тичерман Д.**

Английские фразовые глаголы и выражения в диалогах.

Систематическое освоение фразовых глаголов / Д. Тичерман —  
«Издательские решения»,

Эта книга предлагает систематическое освоение английских фразовых глаголов и устойчивых выражений. Через тематические диалоги, практические упражнения и переводы на русский язык читатель научится правильно использовать лексику в повседневной и профессиональной коммуникации, расширит словарный запас и повысит уверенность в разговорной и письменной речи.

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## Введение

В современном изучении английского языка владение фразовыми глаголами и устойчивыми выражениями является важным аспектом, определяющим высокий уровень коммуникативной компетенции. Фразовые глаголы встречаются как в устной, так и в письменной речи, играют ключевую роль в формировании естественного, свободного стиля общения и часто используются в профессиональной и социальной среде.

Цель данной книги — предоставить систематизированный материал для практики и освоения наиболее употребительных фразовых глаголов и выражений в английском языке. Особое внимание уделяется контекстуальному употреблению, что позволяет учащимся не только запоминать значения, но и правильно применять их в реальных коммуникативных ситуациях.

Структура книги организована по тематическим главам, каждая из которых включает:

описание ситуации, соответствующей конкретной сфере общения;  
диалог на английском языке, иллюстрирующий употребление фразовых глаголов;  
подборку фразовых глаголов с переводом на русский язык;  
упражнения на закрепление материала с ключами.

Представленный подход обеспечивает системное усвоение лексики, развитие навыков понимания и активного употребления фразовых глаголов, а также способствует расширению речевого запаса. Материал предназначен для студентов, преподавателей, специалистов, а также всех, кто стремится улучшить свои навыки английского языка в повседневной и профессиональной коммуникации.

Желаю успехов!

## **Meeting New People**

### **Situation**

Andrew attends a professional conference. He meets new colleagues and wants to start friendly conversations, getting to know them better.

## Dialogue

Andrew: Hi! I don't think we've met before. I'm Andrew.

Lisa: Nice to meet you, Andrew. I'm Lisa.

Andrew: Nice to meet you too, Lisa. What do you do?

Lisa: I work in marketing. And you?

Andrew: I work in software development. It's great to catch up with people at these events.

Mark: Hi, I'm Mark. Welcome to the conference!

Andrew: Thanks, Mark! I'm excited to get to know everyone here.

Lisa: Do you want to hang out with us after the session?

Andrew: Sure! I'd love to chat with you more.

Mark: Don't forget to say hello to the other teams.

## Phrasal Verbs & Expressions

catch up with — наверстать общение, поговорить, узнать новости

It's great to catch up with old friends.

Здорово поговорить с друзьями и узнать новости.

get to know — узнавать кого-то поближе

I want to get to know everyone at the conference.

Я хочу поближе познакомиться со всеми на конференции.

hang out with — проводить время с кем-то

Do you want to hang out with us after the session?

Хочешь провести время с нами после сессии?

chat with — поболтать с кем-то

I love to chat with new colleagues at events.

Мне нравится поболтать с новыми коллегами на мероприятиях.

say hello to — поздороваться с кем-то

Don't forget to say hello to the other teams.

Не забудь поздороваться с другими командами.

## **Exercise: Fill in the blanks**

Choose the correct phrasal verb from the list: catch up with, get to know, hang out with, chat with, say hello to

I really want to \_\_\_\_\_ everyone at this conference.

After the session, let's \_\_\_\_\_ each other at the café.

Don't forget to \_\_\_\_\_ the new team members.

I love to \_\_\_\_\_ my colleagues during breaks.

It's nice to \_\_\_\_\_ old friends at events like this.

## **Answer Key**

get to know — I really want to get to know everyone at this conference.

hang out with — After the session, let's hang out with each other at the café.

say hello to — Don't forget to say hello to the new team members.

chat with — I love to chat with my colleagues during breaks.

catch up with — It's nice to catch up with old friends at events like this.

## **Introducing Friends and Colleagues**

### **Situation**

Alex meets a new team member and wants to introduce them to friends and colleagues at a party.

## Dialogue

Alex: Maria, this is John. I'd like to introduce him to everyone.

Maria: Nice to meet you, John.

John: Nice to meet you too, Maria.

Alex: And this is Sarah and Tom. They work in marketing.

Maria: Hello, Sarah, Tom!

Sarah: Hi, Maria! Welcome!

Tom: Nice to meet you!

Alex: Maria, why don't you tell us about yourself?

Maria: Sure! I'm from London and I really am into traveling.

Sarah: That's great! We also are into traveling.

Alex: I hope you all get along with each other.

John: I think we will. We already seem to have a lot in common.

## Phrasal Verbs & Expressions

introduce someone to someone — представлять кого-то кому-то  
Let me introduce you to my friends.  
Позволь мне представить тебя моим друзьям.

get to know — узнавать кого-то ближе  
I want to get to know everyone in the team.  
Я хочу познакомиться поближе со всеми в команде.

tell about — рассказать о себе или о чем-то  
Can you tell us about a little about yourself?  
Можешь рассказать немного о себе?

welcome someone — приветствовать кого-то  
Welcome to our team!  
Добро пожаловать в команду!

work with — работать с кем-то  
I work with Sarah and Tom.  
Я работаю с Сарой и Томом.

hang out with — проводить время с кем-то  
I like to hang out with my colleagues after work.  
Мне нравится проводить время с коллегами после работы.

get along with — ладить с кем-то  
I get along with all my coworkers.  
Я лажу со всеми своими коллегами.

be into — увлекаться чем-то  
I'm really into traveling and photography.  
Я увлекаюсь путешествиями и фотографией.

have in common — иметь что-то общее  
We have a lot in common.  
У нас много общего.

chat with — поболтать с кем-то  
I had a nice chat with John yesterday.  
Я вчера приятно поболтал с Джоном.

## **Exercise: Fill in the blanks**

Use the phrasal verbs from above to complete the sentences:

Let me \_\_\_\_\_ you to my colleagues.

I'd like to \_\_\_\_\_ everyone in the team.

Can you \_\_\_\_\_ a little about your hobbies?

Hi! Welcome! It's great to \_\_\_\_\_ you.

I love working here. I really \_\_\_\_\_ my teammates.

We both love music. We really \_\_\_\_\_ this interest.

After work, I usually \_\_\_\_\_ my colleagues at the café.

## **Answer Key**

introduce someone to someone — Let me introduce you to my colleagues.

get to know — I'd like to get to know everyone in the team.

tell about — Can you tell us about a little about your hobbies?

welcome someone — Hi! Welcome! It's great to welcome you.

get along with — I love working here. I really get along with my teammates.

have in common — We both love music. We really have in common this interest.

hang out with — After work, I usually hang out with my colleagues at the café.

## **Starting a Conversation at a Café**

### **Situation**

Emma is sitting at a café and notices a colleague, Daniel, she hasn't talked to before. She decides to start a conversation.

## Dialogue

Emma: Hi, Daniel! Mind if I join you?

Daniel: Not at all, Emma. Please, pull up a chair.

Emma: Thanks! I wanted to catch up with you. How's your project going?

Daniel: It's going well, thanks! I'm glad we finally get to talk outside the office.

Emma: Me too! I'd love to find out about your experience in marketing.

Daniel: Sure! And maybe later we can hang out with the team for coffee.

Emma: That sounds great! I also want to get to know the new members better.

Daniel: Absolutely! It's always nice to chat with new colleagues.

## Phrasal Verbs & Expressions

join someone — присоединиться к кому-то

Can I join you at your table?

Можно присоединиться к тебе за столом?

pull up a chair — присесть за столом к кому-то

Please, pull up a chair and make yourself comfortable.

Присаживайся и чувствуй себя как дома.

catch up with — поговорить, наверстать общение

I want to catch up with my old colleagues.

Я хочу поболтать с моими старыми коллегами и узнать новости.

get to talk — получить возможность поговорить

I'm glad we finally get to talk outside the office.

Рад, что мы наконец можем поговорить вне офиса.

find out about — узнать о чем-то, о ком-то

I'd like to find out about your experience.

Я хотел бы узнать о твоём опыте.

hang out with — проводить время с кем-то

Later we can hang out with the team for coffee.

Позже мы можем провести время с командой за кофе.

get to know — узнать кого-то поближе

I want to get to know the new team members.

Я хочу поближе познакомиться с новыми членами команды.

chat with — поболтать с кем-то

It's always nice to chat with new colleagues.

Всегда приятно поболтать с новыми коллегами.

## Exercise: Fill in the blanks

Choose the correct phrasal verb from the list: join, pull up a chair, catch up with, get to talk, find out about, hang out with, get to know, chat with

Can I \_\_\_\_\_ you at your table?

Please, \_\_\_\_\_ and make yourself comfortable.

I want to \_\_\_\_\_ my old colleagues and hear the news.

I'm glad we finally \_\_\_\_\_ outside the office.

I'd love to \_\_\_\_\_ your experience in marketing.

Later we can \_\_\_\_\_ the team for coffee.

I want to \_\_\_\_\_ the new members better.

It's always nice to \_\_\_\_\_ new colleagues.

## **Answer Key**

join — Can I join you at your table?

pull up a chair — Please, pull up a chair and make yourself comfortable.

catch up with — I want to catch up with my old colleagues and hear the news.

get to talk — I'm glad we finally get to talk outside the office.

find out about — I'd love to find out about your experience in marketing.

hang out with — Later we can hang out with the team for coffee.

get to know — I want to get to know the new members better.

chat with — It's always nice to chat with new colleagues.

## **Small Talk About the Weather**

### **Situation**

Ethan and Chloe meet outside a café. Они начинают короткий разговор о погоде, чтобы завести лёгкое общение.

## Dialogue

Ethan: Hi, Chloe! It's quite chilly today. How are you holding up?

Chloe: Hey, Ethan! I'm fine, but I hope the sun comes out later.

Ethan: Me too! Yesterday, the rain really held us back from going for a walk.

Chloe: Yeah, I had to put off my morning jog because of the storm.

Ethan: Same here. Hopefully, the weekend will clear up.

Chloe: Fingers crossed! Then we could head out to the park.

Ethan: That would be great! It's nice to warm up with a cup of coffee while waiting for better weather.

## Phrasal Verbs & Expressions

come out — появляться, выглянуть (о солнце)

I hope the sun comes out soon.

Надеюсь, солнце скоро выглянет.

hold back — мешать, задерживать

The heavy rain really held us back from going outside.

Сильный дождь помешал нам выйти на улицу.

put off — откладывать что-то

I had to put off my morning run because of the storm.

Мне пришлось отложить утреннюю пробежку из-за шторма.

clear up — проясниться (о погоде)

I hope the sky clears up this afternoon.

Надеюсь, небо прояснится сегодня днём.

head out — выходить куда-то, отправляться

We could head out to the park once it's sunny.

Мы могли бы отправиться в парк, когда будет солнечно.

warm up — согреться, разогреться

It's nice to warm up with a cup of coffee.

Приятно согреться чашкой кофе.

### **Exercise: Fill in the blanks**

Use the phrasal verbs from above: come out, hold back, put off, clear up, head out, warm up

I hope the sun \_\_\_\_\_ soon.

The storm really \_\_\_\_\_ our plans to go hiking.

I had to \_\_\_\_\_ my morning walk because of the rain.

Hopefully, the sky will \_\_\_\_\_ by the afternoon.

Once it's sunny, we can \_\_\_\_\_ to the park.

It's nice to \_\_\_\_\_ with a cup of tea while waiting for the sun.

## **Answer Key**

come out — I hope the sun comes out soon.

hold back — The storm really held us back from going hiking.

put off — I had to put off my morning walk because of the rain.

clear up — Hopefully, the sky will clear up by the afternoon.

head out — Once it's sunny, we can head out to the park.

warm up — It's nice to warm up with a cup of tea while waiting for the sun.

## **Discussing Interests and Hobbies**

### **Situation**

Liam and Emma meet during lunch at work and start talking about their hobbies and interests.

## Dialogue

Liam: Hey, Emma! Do you usually get into any sports?

Emma: Hi, Liam! Yes, I recently took up tennis. How about you?

Liam: I've always been keen on photography, but lately I've started to try out painting.

Emma: That sounds fun! Maybe I could join in your next painting session.

Liam: Absolutely! And sometimes I just like to go over my old sketches to see my progress.

Emma: I do that too with my tennis techniques. It really helps to build up confidence.

## Phrasal Verbs & Expressions

get into — увлекаться чем-то  
I've really got into yoga recently.  
Я недавно очень увлеклась йогой.

take up — начать новое хобби или занятие  
I took up tennis last month.  
Я начал заниматься теннисом в прошлом месяце.

be keen on — увлекаться, интересоваться чем-то  
I've always been keen on photography.  
Я всегда увлекался фотографией.

try out — попробовать что-то новое  
I want to try out painting this weekend.  
Я хочу попробовать рисование на этих выходных.

join in — присоединиться к деятельности  
Would you like to join in our painting session?  
Хочешь присоединиться к нашей сессии по рисованию?

go over — просматривать, повторять  
I like to go over my sketches to see my progress.  
Мне нравится просматривать свои эскизы, чтобы видеть прогресс.

build up — развивать, укреплять  
Practicing regularly helps to build up confidence.  
Регулярная практика помогает укрепить уверенность.

## **Exercise: Fill in the blanks**

Use the phrasal verbs from above: get into, take up, be keen on, try out, join in, go over, build up

I've really \_\_\_\_\_ yoga recently.

I just \_\_\_\_\_ painting last month.

I've always \_\_\_\_\_ photography.

I want to \_\_\_\_\_ a new sport this weekend.

Would you like to \_\_\_\_\_ our workshop?

I like to \_\_\_\_\_ my old notes to track progress.

Practicing every day helps to \_\_\_\_\_ your skills.

## **Answer Key**

get into — I've really got into yoga recently.

take up — I just took up painting last month.

be keen on — I've always been keen on photography.

try out — I want to try out a new sport this weekend.

join in — Would you like to join in our workshop?

go over — I like to go over my old notes to track progress.

build up — Practicing every day helps to build up your skills.

## **Meeting Relatives**

### **Situation**

David is visiting his aunt's house and meeting some relatives he hasn't seen in a long time.

## Dialogue

David: Hi, Aunt Clara! It's so good to drop by.

Aunt Clara: Hello, David! I'm glad you could come over.

David: Thanks! I wanted to catch up with everyone. How have you all been?

Cousin Mia: Hi, David! We've been great. It's nice to finally get together like this.

David: Definitely! I hope we can go through the old photo albums later.

Aunt Clara: Of course! And don't forget to look after your little cousin while we organize lunch.

David: Sure! I'm happy to help. It's nice to bond with family again.

## Phrasal Verbs & Expressions

drop by — зайти ненадолго

I thought I'd drop by and say hello.

Я решил зайти ненадолго и поздороваться.

come over — приходить в гости

Thanks for coming over for dinner.

Спасибо, что пришли в гости на ужин.

catch up with — поболтать и узнать новости

I wanted to catch up with everyone.

Я хотел поболтать и узнать, как у всех дела.

get together — собираться вместе

It's nice to finally get together with the family.

Приятно наконец-то собраться всей семьёй.

go through — просматривать, перебирать

We can go through the old photos later.

Мы можем позже просмотреть старые фотографии.

look after — присматривать за кем-то

Please look after your little cousin while we cook.

Пожалуйста, присматривай за младшим кузенком, пока мы готовим.

bond with — укреплять отношения, сближаться

It's great to bond with family again.

Приятно снова сблизиться с семьёй.

## Exercise: Fill in the blanks

Use the phrasal verbs from above: drop by, come over, catch up with, get together, go through, look after, bond with

I thought I'd \_\_\_\_\_ and say hi.

Thanks for \_\_\_\_\_ for lunch.

I wanted to \_\_\_\_\_ everyone I haven't seen in a while.

It's great to finally \_\_\_\_\_ with the family.

We can \_\_\_\_\_ the old albums later.

Please \_\_\_\_\_ your younger cousin while we prepare dinner.

It's nice to \_\_\_\_\_ relatives after a long time.

## **Answer Key**

drop by — I thought I'd drop by and say hi.

come over — Thanks for coming over for lunch.

catch up with — I wanted to catch up with everyone I haven't seen in a while.

get together — It's great to finally get together with the family.

go through — We can go through the old albums later.

look after — Please look after your younger cousin while we prepare dinner.

bond with — It's nice to bond with relatives after a long time.

## **Talking About Home and Renovation**

### **Situation**

Lucas and Hannah meet at a friend's housewarming party and start talking about their homes and renovation projects.

## Dialogue

Lucas: Hi, Hannah! Your new place looks amazing. Did you move in recently?

Hannah: Thanks, Lucas! Yes, I just set up everything last week.

Lucas: Wow! It must have taken a lot of effort to sort out all the furniture and decorations.

Hannah: Definitely. I also want to fix up the kitchen soon.

Lucas: That sounds like a big project. I'm planning to redo my living room next month.

Hannah: Nice! Maybe we can look over each other's plans and give some advice.

Lucas: Great idea! It's always fun to show off your work once it's finished.

## Phrasal Verbs & Expressions

move in — въезжать в новый дом

I moved in last week.

Я въехал в новую квартиру на прошлой неделе.

set up — обставить, устроить, установить

I finally set up my new apartment.

Я наконец обставил свою новую квартиру.

sort out — привести в порядок, разобраться с чем-то

It took me a day to sort out all the boxes.

Мне понадобился целый день, чтобы разобрать все коробки.

fix up — ремонтировать, приводить в порядок

I need to fix up the bathroom.

Мне нужно привести ванную в порядок.

redo — переделывать, ремонтировать

We are planning to redo the living room.

Мы планируем переделать гостиную.

look over — просмотреть, проверить

Can you look over my renovation plan?

Можешь просмотреть мой план ремонта?

show off — похвастаться, продемонстрировать

I can't wait to show off my new kitchen.

Не могу дождаться, чтобы похвастаться своей новой кухней.

## **Exercise: Fill in the blanks**

Use the phrasal verbs from above: move in, set up, sort out, fix up, redo, look over, show off

I just \_\_\_\_\_ my new apartment last week.

It took me some time to \_\_\_\_\_ all the boxes.

I need to \_\_\_\_\_ my old bathroom.

We are planning to \_\_\_\_\_ the living room next month.

I finally \_\_\_\_\_ all the furniture and decorations.

Can you \_\_\_\_\_ my renovation plan?

I can't wait to \_\_\_\_\_ my new kitchen.

## **Answer Key**

move in — I just moved in my new apartment last week.  
sort out — It took me some time to sort out all the boxes.  
fix up — I need to fix up my old bathroom.  
redo — We are planning to redo the living room next month.  
set up — I finally set up all the furniture and decorations.  
look over — Can you look over my renovation plan?  
show off — I can't wait to show off my new kitchen.

## **Cleaning and Organizing Spaces**

### **Situation**

Sophie is helping her roommate, Jack, clean and organize their apartment before guests arrive.

## **Конец ознакомительного фрагмента.**

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