



Джонас Тичерман

**АНГЛИЙСКИЕ
ФРАЗОВЫЕ ГЛАГОЛЫ
И ВЫРАЖЕНИЯ
В ДИАЛОГАХ**

Систематическое освоение
фразовых глаголов

Джонас Тичерман
Английские фразовые
глаголы и выражения
в диалогах. Систематическое
освоение фразовых глаголов

*<https://litres.ru/73872069>
ISBN 9785006980570*

Аннотация

Эта книга предлагает систематическое освоение английских фразовых глаголов и устойчивых выражений. Через тематические диалоги, практические упражнения и переводы на русский язык читатель научится правильно использовать лексику в повседневной и профессиональной коммуникации, расширит словарный запас и повысит уверенность в разговорной и письменной речи.

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**Английские
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Систематическое освоение
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Джонас Тичерман

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ISBN 978-5-0069-8057-0

Создано в интеллектуальной издательской системе Ridero

Введение

В современном изучении английского языка владение фразовыми глаголами и устойчивыми выражениями является важным аспектом, определяющим высокий уровень коммуникативной компетенции. Фразовые глаголы встречаются как в устной, так и в письменной речи, играют ключевую роль в формировании естественного, свободного стиля общения и часто используются в профессиональной и социальной среде.

Цель данной книги — предоставить систематизированный материал для практики и освоения наиболее употребительных фразовых глаголов и выражений в английском языке. Особое внимание уделяется контекстуальному употреблению, что позволяет учащимся не только запоминать значения, но и правильно применять их в реальных коммуникативных ситуациях.

Структура книги организована по тематическим главам, каждая из которых включает:

- описание ситуации, соответствующей конкретной сфере общения;
- диалог на английском языке, иллюстрирующий употреб-

ление фразовых глаголов;

подборку фразовых глаголов с переводом на русский язык;

упражнения на закрепление материала с ключами.

Представленный подход обеспечивает системное усвоение лексики, развитие навыков понимания и активного употребления фразовых глаголов, а также способствует расширению речевого запаса. Материал предназначен для студентов, преподавателей, специалистов, а также всех, кто стремится улучшить свои навыки английского языка в повседневной и профессиональной коммуникации.

Желаю успехов!

Meeting New People

Situation

Andrew attends a professional conference. He meets new colleagues and wants to start friendly conversations, getting to know them better.

Dialogue

Andrew: Hi! I don't think we've met before. I'm Andrew.

Lisa: Nice to meet you, Andrew. I'm Lisa.

Andrew: Nice to meet you too, Lisa. What do you do?

Lisa: I work in marketing. And you?

Andrew: I work in software development. It's great to catch up with people at these events.

Mark: Hi, I'm Mark. Welcome to the conference!

Andrew: Thanks, Mark! I'm excited to get to know everyone here.

Lisa: Do you want to hang out with us after the session?

Andrew: Sure! I'd love to chat with you more.

Mark: Don't forget to say hello to the other teams.

Phrasal Verbs & Expressions

catch up with — наверстать общение, поговорить, узнать
новости

It's great to catch up with old friends.

Здорово поговорить с друзьями и узнать новости.

get to know — узнавать кого-то поближе

I want to get to know everyone at the conference.

Я хочу поближе познакомиться со всеми на конференции.

hang out with — проводить время с кем-то

Do you want to hang out with us after the session?

Хочешь провести время с нами после сессии?

chat with — поболтать с кем-то

I love to chat with new colleagues at events.

Мне нравится поболтать с новыми коллегами на мероприятиях.

say hello to — поздороваться с кем-то

Don't forget to say hello to the other teams.

Не забудь поздороваться с другими командами.

Exercise: Fill in the blanks

Choose the correct phrasal verb from the list: catch up with, get to know, hang out with, chat with, say hello to

I really want to _____ everyone at this conference.

After the session, let's _____ each other at the café.

Don't forget to _____ the new team members.

I love to _____ my colleagues during breaks.

It's nice to _____ old friends at events like this.

Answer Key

get to know — I really want to get to know everyone at this conference.

hang out with — After the session, let's hang out with each other at the café.

say hello to — Don't forget to say hello to the new team members.

chat with — I love to chat with my colleagues during breaks.

catch up with — It's nice to catch up with old friends at events like this.

Introducing Friends and Colleagues

Situation

Alex meets a new team member and wants to introduce them to friends and colleagues at a party.

Dialogue

Alex: Maria, this is John. I'd like to introduce him to everyone.

Maria: Nice to meet you, John.

John: Nice to meet you too, Maria.

Alex: And this is Sarah and Tom. They work in marketing.

Maria: Hello, Sarah, Tom!

Sarah: Hi, Maria! Welcome!

Tom: Nice to meet you!

Alex: Maria, why don't you tell us about yourself?

Maria: Sure! I'm from London and I really am into traveling.

Sarah: That's great! We also are into traveling.

Alex: I hope you all get along with each other.

John: I think we will. We already seem to have a lot in

common.

Phrasal Verbs & Expressions

introduce someone to someone — представлять кого-то кому-то

Let me introduce you to my friends.

Позволь мне представить тебя моим друзьям.

get to know — узнавать кого-то ближе

I want to get to know everyone in the team.

Я хочу познакомиться поближе со всеми в команде.

tell about — рассказать о себе или о чем-то

Can you tell us about a little about yourself?

Можешь рассказать немного о себе?

welcome someone — приветствовать кого-то

Welcome to our team!

Добро пожаловать в команду!

work with — работать с кем-то

I work with Sarah and Tom.

Я работаю с Сарой и Томом.

hang out with — проводить время с кем-то

I like to hang out with my colleagues after work.

Мне нравится проводить время с коллегами после работы.

get along with — ладить с кем-то

I get along with all my coworkers.

Я лажу со всеми своими коллегами.

be into — увлекаться чем-то

I'm really into traveling and photography.

Я увлекаюсь путешествиями и фотографией.

have in common — иметь что-то общее

We have a lot in common.

У нас много общего.

chat with — поболтать с кем-то

I had a nice chat with John yesterday.

Я вчера приятно поболтал с Джоном.

Exercise: Fill in the blanks

Use the phrasal verbs from above to complete the sentences:

Let me _____ you to my colleagues.

I'd like to _____ everyone in the team.

Can you _____ a little about your hobbies?

Hi! Welcome! It's great to _____ you.

I love working here. I really _____ my teammates.

We both love music. We really _____ this interest.

After work, I usually _____ my colleagues at the café.

Answer Key

introduce someone to someone — Let me introduce you to my colleagues.

get to know — I'd like to get to know everyone in the team.

tell about — Can you tell us about a little about your hobbies?

welcome someone — Hi! Welcome! It's great to welcome you.

get along with — I love working here. I really get along with my teammates.

have in common — We both love music. We really have in common this interest.

hang out with — After work, I usually hang out with my colleagues at the café.

Starting a Conversation at a Café

Situation

Emma is sitting at a café and notices a colleague, Daniel, she hasn't talked to before. She decides to start a conversation.

Dialogue

Emma: Hi, Daniel! Mind if I join you?

Daniel: Not at all, Emma. Please, pull up a chair.

Emma: Thanks! I wanted to catch up with you. How's your project going?

Daniel: It's going well, thanks! I'm glad we finally get to talk outside the office.

Emma: Me too! I'd love to find out about your experience in marketing.

Daniel: Sure! And maybe later we can hang out with the team for coffee.

Emma: That sounds great! I also want to get to know the new members better.

Daniel: Absolutely! It's always nice to chat with new colleagues.

Phrasal Verbs & Expressions

join someone — присоединяться к кому-то

Can I join you at your table?

Можно присоединиться к тебе за столом?

pull up a chair — присесть за столом к кому-то

Please, pull up a chair and make yourself comfortable.

Присаживайся и чувствуй себя как дома.

catch up with — поговорить, наверстать общение

I want to catch up with my old colleagues.

Я хочу поболтать с моими старыми коллегами и узнать

новости.

get to talk — получить возможность поговорить

I'm glad we finally get to talk outside the office.

Рад, что мы наконец можем поговорить вне офиса.

find out about — узнать о чем-то, о ком-то

I'd like to find out about your experience.

Я хотел бы узнать о твоём опыте.

hang out with — проводить время с кем-то

Later we can hang out with the team for coffee.

Позже мы можем провести время с командой за кофе.

get to know — узнать кого-то поближе

I want to get to know the new team members.

Я хочу поближе познакомиться с новыми членами команды.

chat with — поболтать с кем-то

It's always nice to chat with new colleagues.

Всегда приятно поболтать с новыми коллегами.

Exercise: Fill in the blanks

Choose the correct phrasal verb from the list: join, pull up a chair, catch up with, get to talk, find out about, hang out with, get to know, chat with

Can I _____ you at your table?

Please, _____ and make yourself comfortable.

I want to _____ my old colleagues and hear the news.

I'm glad we finally _____ outside the office.

I'd love to _____ your experience in marketing.

Later we can _____ the team for coffee.

I want to _____ the new members better.

It's always nice to _____ new colleagues.

Answer Key

join — Can I join you at your table?

pull up a chair — Please, pull up a chair and make yourself comfortable.

catch up with — I want to catch up with my old colleagues and hear the news.

get to talk — I'm glad we finally get to talk outside the office.

find out about — I'd love to find out about your experience in marketing.

hang out with — Later we can hang out with the team for coffee.

get to know — I want to get to know the new members better.

chat with — It's always nice to chat with new colleagues.

Small Talk About the Weather

Situation

Ethan and Chloe meet outside a café. Они начинают короткий разговор о погоде, чтобы завести лёгкое общение.

Dialogue

Ethan: Hi, Chloe! It's quite chilly today. How are you holding up?

Chloe: Hey, Ethan! I'm fine, but I hope the sun comes out later.

Ethan: Me too! Yesterday, the rain really held us back from going for a walk.

Chloe: Yeah, I had to put off my morning jog because of the storm.

Ethan: Same here. Hopefully, the weekend will clear up.

Chloe: Fingers crossed! Then we could head out to the park.

Ethan: That would be great! It's nice to warm up with a cup of coffee while waiting for better weather.

Phrasal Verbs & Expressions

come out — появляться, выглянуть (о солнце)

I hope the sun comes out soon.

Надеюсь, солнце скоро выглянет.

hold back — мешать, задерживать

The heavy rain really held us back from going outside.

Сильный дождь помешал нам выйти на улицу.

put off — откладывать что-то

I had to put off my morning run because of the storm.

Мне пришлось отложить утреннюю пробежку из-за шторма.

clear up — проясниться (о погоде)

I hope the sky clears up this afternoon.

Надеюсь, небо прояснится сегодня днём.

head out — выходить куда-то, отправляться

We could head out to the park once it's sunny.

Мы могли бы отправиться в парк, когда будет солнечно.

warm up — согреться, разогреться

It's nice to warm up with a cup of coffee.

Приятно согреться чашкой кофе.

Exercise: Fill in the blanks

Use the phrasal verbs from above: come out, hold back, put off, clear up, head out, warm up

I hope the sun _____ soon.

The storm really _____ our plans to go hiking.

I had to _____ my morning walk because of the rain.

Hopefully, the sky will _____ by the afternoon.

Once it's sunny, we can _____ to the park.

It's nice to _____ with a cup of tea while waiting for the sun.

Answer Key

come out — I hope the sun comes out soon.

hold back — The storm really held us back from going hiking.

put off — I had to put off my morning walk because of the rain.

clear up — Hopefully, the sky will clear up by the afternoon.

head out — Once it's sunny, we can head out to the park.

warm up — It's nice to warm up with a cup of tea while waiting for the sun.

Discussing Interests and Hobbies

Situation

Liam and Emma meet during lunch at work and start talking about their hobbies and interests.

Dialogue

Liam: Hey, Emma! Do you usually get into any sports?

Emma: Hi, Liam! Yes, I recently took up tennis. How about you?

Liam: I've always been keen on photography, but lately I've started to try out painting.

Emma: That sounds fun! Maybe I could join in your next painting session.

Liam: Absolutely! And sometimes I just like to go over my old sketches to see my progress.

Emma: I do that too with my tennis techniques. It really helps to build up confidence.

Phrasal Verbs & Expressions

get into — увлекаться чем-то

I've really got into yoga recently.

Я недавно очень увлеклась йогой.

take up — начать новое хобби или занятие

I took up tennis last month.

Я начал заниматься теннисом в прошлом месяце.

be keen on — увлекаться, интересоваться чем-то

I've always been keen on photography.

Я всегда увлекался фотографией.

try out — пробовать что-то новое

I want to try out painting this weekend.

Я хочу попробовать рисование на этих выходных.

join in — присоединиться к деятельности

Would you like to join in our painting session?

Хочешь присоединиться к нашей сессии по рисованию?

go over — просматривать, повторять

I like to go over my sketches to see my progress.

Мне нравится просматривать свои эскизы, чтобы видеть

прогресс.

build up — развивать, укреплять

Practicing regularly helps to build up confidence.

Регулярная практика помогает укрепить уверенность.

Exercise: Fill in the blanks

Use the phrasal verbs from above: get into, take up, be keen on, try out, join in, go over, build up

I've really _____ yoga recently.

I just _____ painting last month.

I've always _____ photography.

I want to _____ a new sport this weekend.

Would you like to _____ our workshop?

I like to _____ my old notes to track progress.

Practicing every day helps to _____ your skills.

Answer Key

get into — I've really got into yoga recently.

take up — I just took up painting last month.

be keen on — I've always been keen on photography.

try out — I want to try out a new sport this weekend.

join in — Would you like to join in our workshop?

go over — I like to go over my old notes to track progress.

build up — Practicing every day helps to build up your skills.

Meeting Relatives

Situation

David is visiting his aunt's house and meeting some relatives he hasn't seen in a long time.

Dialogue

David: Hi, Aunt Clara! It's so good to drop by.

Aunt Clara: Hello, David! I'm glad you could come over.

David: Thanks! I wanted to catch up with everyone. How have you all been?

Cousin Mia: Hi, David! We've been great. It's nice to finally get together like this.

David: Definitely! I hope we can go through the old photo albums later.

Aunt Clara: Of course! And don't forget to look after your little cousin while we organize lunch.

David: Sure! I'm happy to help. It's nice to bond with family again.

Phrasal Verbs & Expressions

drop by — зайти ненадолго

I thought I'd drop by and say hello.

Я решил зайти ненадолго и поздороваться.

come over — приходить в гости

Thanks for coming over for dinner.

Спасибо, что пришли в гости на ужин.

catch up with — поболтать и узнать новости

I wanted to catch up with everyone.

Я хотел поболтать и узнать, как у всех дела.

get together — собираться вместе

It's nice to finally get together with the family.

Приятно наконец-то собраться всей семьёй.

go through — просматривать, перебирать

We can go through the old photos later.

Мы можем позже просмотреть старые фотографии.

look after — присматривать за кем-то

Please look after your little cousin while we cook.

Пожалуйста, присматривай за младшим кузенком, пока мы

ГОТОВИМ.

bond with — укреплять отношения, сближаться

It's great to bond with family again.

Приятно снова сблизиться с семьёй.

Exercise: Fill in the blanks

Use the phrasal verbs from above: drop by, come over, catch up with, get together, go through, look after, bond with

I thought I'd _____ and say hi.

Thanks for _____ for lunch.

I wanted to _____ everyone I haven't seen in a while.

It's great to finally _____ with the family.

We can _____ the old albums later.

Please _____ your younger cousin while we prepare dinner.

It's nice to _____ relatives after a long time.

Answer Key

drop by — I thought I'd drop by and say hi.

come over — Thanks for coming over for lunch.

catch up with — I wanted to catch up with everyone I haven't seen in a while.

get together — It's great to finally get together with the family.

go through — We can go through the old albums later.

look after — Please look after your younger cousin while we prepare dinner.

bond with — It's nice to bond with relatives after a long time.

Talking About Home and Renovation

Situation

Lucas and Hannah meet at a friend's housewarming party and start talking about their homes and renovation projects.

Dialogue

Lucas: Hi, Hannah! Your new place looks amazing. Did you move in recently?

Hannah: Thanks, Lucas! Yes, I just set up everything last week.

Lucas: Wow! It must have taken a lot of effort to sort out all the furniture and decorations.

Hannah: Definitely. I also want to fix up the kitchen soon.

Lucas: That sounds like a big project. I'm planning to redo my living room next month.

Hannah: Nice! Maybe we can look over each other's plans and give some advice.

Lucas: Great idea! It's always fun to show off your work once it's finished.

Phrasal Verbs & Expressions

move in — въезжать в новый дом

I moved in last week.

Я въехал в новую квартиру на прошлой неделе.

set up — обставить, устроить, установить

I finally set up my new apartment.

Я наконец обставил свою новую квартиру.

sort out — привести в порядок, разобраться с чем-то

It took me a day to sort out all the boxes.

Мне понадобился целый день, чтобы разобрать все коробки.

fix up — ремонтировать, приводить в порядок

I need to fix up the bathroom.

Мне нужно привести ванную в порядок.

redo — переделывать, ремонтировать

We are planning to redo the living room.

Мы планируем переделать гостиную.

look over — просмотреть, проверить

Can you look over my renovation plan?

Можешь посмотреть мой план ремонта?

show off — похвастаться, продемонстрировать

I can't wait to show off my new kitchen.

Не могу дождаться, чтобы похвастаться своей новой кухней.

Exercise: Fill in the blanks

Use the phrasal verbs from above: move in, set up, sort out, fix up, redo, look over, show off

I just _____ my new apartment last week.

It took me some time to _____ all the boxes.

I need to _____ my old bathroom.

We are planning to _____ the living room next month.

I finally _____ all the furniture and decorations.

Can you _____ my renovation plan?

I can't wait to _____ my new kitchen.

Answer Key

move in — I just moved in my new apartment last week.

sort out — It took me some time to sort out all the boxes.

fix up — I need to fix up my old bathroom.

redo — We are planning to redo the living room next month.

set up — I finally set up all the furniture and decorations.

look over — Can you look over my renovation plan?

show off — I can't wait to show off my new kitchen.

Cleaning and Organizing Spaces

Situation

Sophie is helping her roommate, Jack, clean and organize their apartment before guests arrive.

Конец ознакомительного фрагмента.

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