

ДЖОНАС ТИЧЕРМАН

Топики по английскому языку для подростков

УЧЕБНОЕ ПОСОБИЕ ДЛЯ РАЗВИТИЯ
УСТНОЙ И ПИСЬМЕННОЙ РЕЧИ



Джонас Тичерман

**Топики по английскому
языку для подростков.
Учебное пособие для развития
устной и письменной речи**

«Издательские решения»

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Учебное пособие направлено на развитие устной и письменной речи на английском языке у подростков. Включает тематические тексты и задания по актуальным сферам: образование, общение, цифровая среда и досуг. Способствует формированию коммуникативной компетенции, расширению словарного запаса и развитию навыков аргументации. Подходит для школьного и самостоятельного обучения.

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Джонас Тичерман

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Введение

Данное издание представляет собой учебное пособие, направленное на развитие навыков устной и письменной речи на английском языке у подростков. В книге собраны тематические материалы, отражающие актуальные сферы интересов учащихся данного возрастного периода, включая вопросы образования, межличностного общения, цифровой среды, досуга и профессионального самоопределения.

Цель пособия заключается в формировании коммуникативной компетенции посредством систематической работы с топиками — структурированными текстами и заданиями, ориентированными на развитие лексического запаса, грамматической точности и логики высказывания. Особое внимание уделяется постепенному усложнению языкового материала и стимулированию самостоятельной речевой активности обучающихся.

Материалы книги могут быть использованы как в рамках школьного и дополнительного образования, так и для индивидуальной подготовки. Предлагаемые задания способствуют развитию навыков анализа, обобщения и аргументации, а также формируют устойчивую мотивацию к изучению английского языка.

Пособие адресовано учащимся подросткового возраста, преподавателям английского языка и всем, кто заинтересован в систематическом освоении разговорных тем с учетом современных образовательных требований.

Chapter 1: My Typical Day

Text

My name is Alex, and I am a teenager who goes to school every day. My typical day is quite busy, but I try to enjoy it and find something good in every moment.

I usually wake up at 7 a.m. It is not easy for me to get up early, especially in winter when it is still dark outside. I often feel sleepy and want to stay in bed longer. However, I know that I have to go to school, so I get up, wash my face, and get dressed.

After that, I have breakfast with my family. My mother usually prepares something simple, like eggs, toast, or porridge. I do not always feel very hungry in the morning, but I understand that breakfast is important. While eating, I sometimes check my phone and read messages from my friends.

At 8 a.m., I leave home and go to school. I usually go by bus, and it takes about 20 minutes. On the way, I often listen to music or think about the day ahead. Sometimes I meet my classmates on the bus, and we talk and laugh together.

School starts at 8:30 a.m. We have different subjects every day, such as math, English, history, and science. Some lessons are interesting, while others are a bit boring. My favorite subject is English because I like learning new words and speaking with my classmates. I think it is very useful for the future.

During the breaks, I talk to my friends, eat snacks, or just relax. Breaks are my favorite part of the school day because I can forget about lessons for a short time. However, sometimes we also use this time to finish homework or prepare for the next class.

School usually finishes at 2 or 3 p.m. After school, I feel a bit tired, but my day is not over yet. When I come home, I have lunch and take a short rest. Then I start doing my homework. It usually takes me one or two hours, depending on how much work I have.

In the evening, I try to have some free time. I often watch videos, play games, or go for a walk with my friends. Sometimes I help my parents at home or spend time with my family. We may watch a movie together or just talk about our day.

Before going to bed, I usually check my phone again and prepare my things for the next day. I try to go to bed at around 11 p.m., but it does not always happen. Sometimes I stay up late, especially if I have a lot of homework or if I am watching something interesting.

Even though my typical day may seem ordinary, I believe that every day is important. Small moments, like talking to friends or learning something new, make my life more interesting. I try to stay positive and make the most of my time.

True or False

Alex wakes up at 6 a.m.

He always feels energetic in the morning.

He usually has breakfast with his family.

He walks to school every day.

English is his favorite subject.

He never does homework after school.

He has some free time in the evening.

He always goes to bed at exactly 11 p.m.

Answer the Questions

Why is it difficult for Alex to wake up in the morning?

What does he usually eat for breakfast?

How does he get to school?

Why does he like English lessons?

What does he do during school breaks?

How long does he usually do his homework?

What does he do in his free time?

Does he always go to bed on time? Why or why not?

What small moments make his day more interesting?

Is your typical day similar to Alex's? Why or why not?

Chapter 2: My School Life

Text

My name is Alex, and I am a high school student. School is a big part of my life, and I spend a lot of time there every day. Sometimes it is interesting and fun, but sometimes it can be stressful and tiring.

My school day usually starts at 8:30 a.m. I arrive a bit earlier to meet my friends and get ready for the first lesson. When the bell rings, everyone goes to their classrooms, and the day begins.

We have different subjects, such as math, English, biology, history, and physical education. Some subjects are easier for me, while others are more difficult. For example, I enjoy English because I like speaking and learning new words. However, math is sometimes challenging, and I need to spend more time on it.

The teachers in my school are quite different. Some of them are строгие, but fair. They expect us to study hard and do all our homework. Others are more friendly and try to make lessons interesting. I think the best teachers are those who can explain things clearly and support students.

In class, we usually listen to the teacher, take notes, and do exercises. Sometimes we work in pairs or groups, which makes the lessons more fun. I like group work because I can share ideas with my classmates and learn from them.

There are also breaks between lessons. During the breaks, we talk, laugh, eat snacks, or use our phones. These short moments help us relax and prepare for the next class.

One of the most difficult parts of school life is exams. Before exams, I often feel nervous because I want to get good grades. I try to study in advance, but sometimes I still worry. When the exams are over, I feel relieved and happy.

Homework is another important part of school life. Teachers give us tasks to practice what we learned in class. It can take a lot of time, especially if we have many subjects in one day. However, I understand that homework helps me improve my knowledge.

School is not only about studying. It is also a place where I meet my friends and develop my personality. We spend time together, support each other, and create many memories. Some of my best moments happen at school, not only in the classroom but also during school events and activities.

Even though school life can be difficult at times, I believe it is very important. It teaches me discipline, responsibility, and how to work with other people. I know that the knowledge and skills I get at school will help me in the future.

True or False

Alex's school day starts at 9 a.m.

He arrives at school before lessons begin.

He finds all subjects easy.

English is one of his favorite subjects.

All teachers in his school are very strict.

Students sometimes work in groups during lessons.

Alex feels calm before exams.

He thinks homework is useless.

Answer the Questions

- What time does Alex's school day start?
- Why does he come to school early?
- Which subject does he like and why?
- Which subject is difficult for him?
- What are the teachers like in his school?
- What do students do during the lessons?
- How does Alex feel before exams?
- Why is homework important?
- Why is school important besides studying?
- Do you like your school life? Why or why not?

Chapter 3: My Favorite Teacher

Text

At school, we meet many teachers, but only a few of them become truly special to us. My favorite teacher is my English teacher, Mrs. Brown. She is not only a good teacher but also a kind and understanding person.

Mrs. Brown has been teaching at our school for many years. She has a lot of experience, and she knows how to make lessons interesting. Her classes are never boring because she always tries to involve every student. She often asks questions, organizes discussions, and gives us fun activities.

One of the things I like most about her is her positive attitude. She always smiles and creates a friendly atmosphere in the classroom. Even when students make mistakes, she does not get angry. Instead, she explains everything again and encourages us to try one more time. This makes me feel more confident when I speak English.

Mrs. Brown also uses different methods of teaching. We do not only read and write, but also watch videos, play games, and sometimes even act out short dialogues. These activities help us remember new words and expressions more easily. I think this is a very effective way to learn a language.

Another reason why I like her is that she treats students with respect. She listens to our opinions and is always ready to help if we have problems. Sometimes we talk about topics that are important to teenagers, such as friendship, stress, or future plans. This makes the lessons more meaningful.

Of course, Mrs. Brown can be strict when it is necessary. She expects us to do our homework and be prepared for the lessons. If someone does not do their work, she will notice it. However, she is always fair and never punishes students without a reason.

I remember one moment when I felt very nervous before a presentation in English. I was afraid of making mistakes and speaking in front of the class. Mrs. Brown noticed this and spoke to me after the lesson. She told me that it was okay to feel nervous and that mistakes are a part of learning. Her words helped me calm down, and my presentation went much better than I expected.

Thanks to Mrs. Brown, I have become more interested in English. I started watching videos, listening to music, and even trying to read simple books in English. I feel that I am improving, and this gives me motivation to continue learning.

In my opinion, a good teacher is not only someone who gives knowledge but also someone who inspires students. Mrs. Brown is exactly this kind of teacher. She supports us, believes in us, and helps us grow.

I feel lucky to have such a teacher, and I think I will remember her for a long time.

True or False

Mrs. Brown teaches math.
Her lessons are often boring.
She encourages students when they make mistakes.
Students only read and write in her lessons.
She respects her students.
She is never strict.
The main character was confident before the presentation.
Mrs. Brown inspired the student to learn English more.

Answer the Questions

Who is the writer's favorite teacher?

Why are her lessons interesting?

How does she react when students make mistakes?

What activities do students do in her class?

Why do students feel comfortable in her lessons?

When can she be strict?

What problem did the student have before the presentation?

How did the teacher help?

How did the student's attitude to English change?

What qualities make a teacher good in your opinion?

Chapter 4: My Best Friend

Text

Everyone needs a good friend in life. A best friend is someone who understands you, supports you, and stays with you in both good and bad times. I feel very lucky because I have such a person in my life. My best friend's name is Daniel.

Daniel and I have known each other for many years. We met at school when we were younger, and since then, we have become very close. At first, we were just classmates, but over time we started talking more, spending time together, and sharing our thoughts.

One of the reasons why I like Daniel is his personality. He is kind, friendly, and always ready to help. If I have a problem, I know that I can talk to him, and he will listen carefully. He never laughs at me or judges me. Instead, he tries to understand and give advice.

We have many things in common. We both enjoy playing video games, watching movies, and listening to music. After school, we often meet and spend time together. Sometimes we just walk around the city and talk about everything: school, teachers, dreams, and even our fears.

However, we are not exactly the same. Daniel is more confident and outgoing than I am. He finds it easy to talk to new people, while I can be a bit shy. Thanks to him, I have become more open and sociable. He encourages me to try new things and not be afraid.

Of course, like all friends, we sometimes have disagreements. We may argue about small things, such as what movie to watch or what game to play. But we always try to solve our problems quickly. We talk about the situation, apologize if necessary, and move on. I think this is very important in any friendship.

One thing I really appreciate about Daniel is that he supports me in difficult times. When I feel stressed because of school or exams, he helps me relax and reminds me that everything will be okay. His support makes me feel stronger and more confident.

We also have many good memories together. We have celebrated birthdays, gone on trips, and participated in school events. These moments make our friendship even stronger.

In my opinion, a true friend is someone you can trust. Daniel is that kind of person. I know that he will always be there for me, no matter what happens. I also try to be a good friend to him and support him when he needs it.

Friendship is one of the most important things in life. It makes us happier and helps us grow as people. I am very grateful to have such a wonderful best friend.

True or False

- The writer met Daniel outside of school.
- They have known each other for a long time.
- Daniel is unfriendly and rude.
- They have similar interests.
- The writer is more outgoing than Daniel.
- They never argue with each other.
- Daniel supports the writer in difficult times.
- The writer does not trust Daniel.

Answer the Questions

Who is the writer's best friend?

Where did they meet?

What kind of person is Daniel?

What do they like to do together?

How are they different from each other?

How do they solve their disagreements?

How does Daniel help in difficult situations?

What memories do they share?

Why is trust important in friendship?

Do you have a best friend? Describe him or her.

Chapter 5: My Family

Text

Family is one of the most important parts of our lives. It is the place where we feel safe, loved, and understood. My family is not very big, but it is very important to me. We support each other and spend a lot of time together.

There are four people in my family: my mother, my father, my younger sister, and me. We all have different personalities, but we get along well and respect each other.

My mother is a very kind and caring person. She always helps me when I have problems and gives me good advice. She works a lot, but she still finds time for the family. She enjoys cooking, and she often prepares delicious meals for us. I really appreciate everything she does.

My father is строгий but fair. He wants me to study well and be responsible. Sometimes he seems serious, but I know that he cares about me. In his free time, he likes watching sports and fixing things around the house. I often help him, and we spend time together.

My younger sister is still in school. She is very active and sometimes a bit annoying, but I love her anyway. We sometimes argue, especially about small things, but we also have fun together. We play games, watch cartoons, and laugh a lot.

In the evenings, we usually have dinner together. This is one of my favorite moments of the day. We talk about what happened during the day, share our thoughts, and sometimes make plans for the weekend. These conversations bring us closer.

On weekends, we often spend time together as a family. We may go for a walk, visit relatives, or watch a movie at home. Sometimes we travel to other cities or spend time in nature. These moments help us relax and forget about our daily problems.

Of course, not everything is perfect. Like any family, we sometimes have disagreements. We may argue or misunderstand each other. However, we always try to solve our problems by talking and listening. I think this is very important for a strong family.

My family teaches me many important things, such as respect, responsibility, and kindness. They support me in difficult times and celebrate my successes. I know that I can always rely on them.

In my opinion, family is not only about living together. It is about love, trust, and support. I feel lucky to have such a family, and I hope we will always stay close to each other.

True or False

- The writer has a very big family.
- There are four people in the family.
- The mother is careless and unfriendly.
- The father is strict but fair.
- The writer never argues with his sister.
- The family usually has dinner together.
- They never spend time together on weekends.
- The writer trusts and loves his family.

Answer the Questions

How many people are there in the writer's family?

What is the writer's mother like?

What does the father like to do in his free time?

What is the younger sister like?

What do they usually do in the evening?

How does the family spend weekends?

Do they ever have disagreements?

How do they solve their problems?

What does the family teach the writer?

What does family mean to you?

Chapter 6: Weekend Activities

Text

Weekends are the best time of the week for many students. After a long week of school, homework, and responsibilities, I always look forward to the weekend. It is a time to relax, have fun, and spend time with people I like.

On Saturday morning, I usually wake up later than on school days. I enjoy not having to get up early and feeling relaxed. After I wake up, I have breakfast and think about my plans for the day. Sometimes I make plans in advance, but sometimes I decide what to do at the last moment.

One of my favorite weekend activities is spending time with my friends. We often meet in the afternoon and go for a walk, visit a shopping center, or just hang out together. We talk, laugh, and share news about our lives. These moments are very important to me because they help me feel happy and connected.

Sometimes we go to the cinema or watch movies at home. I enjoy watching different types of films, especially comedies and action movies. Watching a good film with friends makes the experience even better.

I also like being active on weekends. If the weather is nice, I may go outside and play sports, ride a bike, or simply walk in the park. Physical activity helps me feel more energetic and healthy. It is a good way to take a break from screens and spend time outdoors.

However, I do not spend all my time outside. I also enjoy relaxing at home. I often watch videos, play video games, or listen to music. Sometimes I read a book or learn something new online. These quiet activities help me rest and recharge.

Sunday is usually a calmer day for me. I try to rest more and prepare for the next week. I often do my homework on Sunday so that I do not feel stressed on Monday. It is not always fun, but it helps me stay organized.

I also spend time with my family on weekends. We may have dinner together, watch a movie, or visit relatives. These moments are important because they make our relationships stronger.

Of course, not every weekend is the same. Sometimes I am very active, and sometimes I just stay at home and relax. It depends on my mood, the weather, and my plans.

In my opinion, weekends are important because they give us time to rest and enjoy life. They help us forget about school stress and focus on things we like. After a good weekend, I feel ready for a new week.

True or False

The writer does not like weekends.
He wakes up early on Saturdays.
He often spends time with friends.
He never watches movies.
He likes being active outdoors.
He only studies on weekends.
Sunday is usually a busy day for him.
Weekends help him relax.

Answer the Questions

- Why does the writer like weekends?
- What does he do on Saturday morning?
- How does he spend time with his friends?
- What kind of movies does he like?
- What outdoor activities does he enjoy?
- What does he do at home to relax?
- Why does he do homework on Sunday?
- How does he spend time with his family?
- Are all his weekends the same?
- What do you usually do on weekends?

Chapter 7: My Hobbies

Text

Everyone has hobbies that help them relax and enjoy their free time. Hobbies are important because they make our lives more interesting and help us develop new skills. I also have several hobbies that I really enjoy.

One of my favorite hobbies is playing video games. I usually play after school or on weekends when I have free time. I like different types of games, such as adventure, strategy, and sports games. Video games help me relax and forget about school stress. They also improve my reaction and problem-solving skills.

Another hobby of mine is listening to music. I listen to music almost every day, especially when I am going somewhere or doing homework. Music helps me feel better and sometimes even motivates me. I like different kinds of music depending on my mood. Sometimes I listen to calm music, and sometimes I prefer something more energetic.

I also enjoy watching movies and series. It is a great way to relax in the evening. I like comedies because they make me laugh, and I also enjoy action movies because they are exciting. Watching movies in English helps me improve my language skills, which is very useful.

In addition, I like spending time outdoors. When the weather is good, I go for a walk, ride my bike, or play sports with my friends. Being active helps me stay healthy and feel more energetic. It is also a good way to take a break from screens.

Recently, I have started reading books more often. At first, it was not easy because I preferred watching videos. However, I realized that reading can be very interesting. It helps me use my imagination and learn new words. Now I try to read at least a little every week.

Sometimes I also try new hobbies. For example, I once tried drawing and learning basic photography. I am not very good at these activities yet, but I enjoy the process. Trying new things helps me discover what I really like.

I think hobbies are not only about fun. They also help us grow as people. We can learn discipline, patience, and creativity. Hobbies can even become something more serious in the future, like a career.

Of course, it is important to balance hobbies with school and responsibilities. Sometimes I have to spend more time studying, and I have less time for my hobbies. However, I always try to find at least a little time to do what I enjoy.

In my opinion, hobbies are an important part of life. They make us happier and help us relax. I believe that everyone should have something they love to do in their free time.

True or False

- The writer has no hobbies.
- He likes playing video games.
- He only listens to one type of music.
- He watches movies to relax.
- He never spends time outdoors.
- He has recently started reading books.
- He is already very good at photography.
- Hobbies can help people grow.

Answer the Questions

Why are hobbies important?

What types of video games does the writer like?

How does music help him?

What kind of movies does he enjoy?

What outdoor activities does he do?

Why did he start reading books?

What new hobbies has he tried?

Can hobbies become a career?

Why is it important to balance hobbies and school?

What are your hobbies?

Chapter 8: My Favorite Place in My City

Text

Every city has many interesting places, but everyone has a special place they love the most. My favorite place in my city is the central park. It is a large green area in the middle of the city where people can relax, play, and enjoy nature.

I like going to the park, especially on weekends or in the evenings after school. There are many trees, flowers, and benches where people can sit. I enjoy walking along the paths, listening to the birds, and feeling the fresh air. The park is a calm and peaceful place, and it helps me forget about school stress.

In the park, there are also many activities to do. There is a playground where children can play, a sports area where teenagers and adults play football or basketball, and a small lake with ducks. I often go there with my friends. We play football, ride our bikes, or just walk and talk. Sometimes we bring snacks and sit near the lake, watching the ducks swim.

Another reason I like this park is that it is a good place to be alone when I need some quiet time. I sometimes go there with a book or listen to music while sitting on a bench. It helps me think and relax. I can also take photographs of nature, which is one of my hobbies.

The park is not very far from my house. I can walk there in about fifteen minutes. Sometimes I go with my family. We may have a picnic or just enjoy a calm walk together. My parents like the park too because it is safe and clean, and my sister likes feeding the ducks.

During special events, the park becomes even more interesting. In spring and summer, there are sometimes small festivals, concerts, or sports competitions. Many people come to watch, participate, and have fun. It makes the park lively and exciting.

I think my favorite place is special because it is comfortable and friendly. I always feel happy when I am there. It is a place where I can have fun, relax, and spend time with friends and family. I enjoy every visit, and I always look forward to going there again.

In my opinion, everyone needs a place like this in their city. A favorite place is not only about beauty; it is about feelings. When you go there, you feel calm, happy, and free. For me, the central park is that special place.

True or False

The writer's favorite place is a shopping center.

The park has many trees and flowers.

He only goes to the park with his family.

There is a lake with ducks in the park.

The park is far from his house.

He sometimes goes there alone.

Special events never happen in the park.

The park makes him feel happy and relaxed.

Answer the Questions

What is the writer's favorite place in the city?

When does he usually go there?

What can people do in the park?

Who does he often go with?

Why does he sometimes go there alone?

How far is the park from his house?

What happens in the park during special events?

Why is this place special for him?

How does the park make him feel?

Do you have a favorite place in your city? Describe it.

Chapter 9: What Makes Me Happy

Text

Everyone has things that make them happy. For me, happiness comes from simple moments in everyday life, spending time with people I love, and doing activities I enjoy. Understanding what makes me happy helps me feel positive and enjoy life more.

One thing that makes me happy is spending time with my family. When we are together, talking, having dinner, or going for a walk, I feel safe and loved. Small moments, like laughing at a funny story or sharing experiences, make my day better. I know that my family supports me, and this gives me confidence.

Another source of happiness for me is spending time with my friends. Friends make life more fun. We play games, go to the park, or just talk about school and our interests. Good friends support you when you feel sad or stressed, and they celebrate your successes. I always feel happier after spending time with them.

I also find happiness in my hobbies. Playing video games, listening to music, reading books, or drawing helps me relax and enjoy myself. When I do something I like, I forget about problems for a while, and I feel more relaxed and calm. Hobbies are a way to enjoy life and express myself.

Achieving goals, even small ones, also makes me happy. For example, finishing a difficult homework assignment, learning a new skill, or doing well in a test gives me a sense of accomplishment. These achievements motivate me and show me that hard work is worth it.

Being in nature is another way I feel happy. Walking in the park, watching the sunset, or riding my bike in the countryside gives me peace and energy. Nature makes me feel free and helps me think clearly. Sometimes I go alone to enjoy the quiet and beautiful surroundings.

Helping others also brings me happiness. When I can support my friends, family, or even strangers, I feel proud and satisfied. Small acts of kindness, like helping a classmate with homework or giving advice, make me feel useful and positive.

I also like trying new things. When I explore new places, meet new people, or try a new activity, I feel excited and happy. Life becomes more interesting when you are open to experiences and challenges.

Finally, happiness is often connected to gratitude. I try to notice small positive things in my life and be thankful for them. Appreciating what I have, like good health, family, friends, and hobbies, helps me feel happier every day.

In my opinion, happiness is not only about big events or gifts. It is about small moments, relationships, personal growth, and positive feelings. Learning what makes me happy helps me live a better and more balanced life.

True or False

Конец ознакомительного фрагмента.

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