

12+

Джонас Тичерман



*Practice
English,
improve every
day*

АНГЛИЙСКИЙ ЯЗЫК ДЛЯ ПОДРОСТКОВ: БАЗОВЫЙ УРОВЕНЬ

От основ к уверенной речи

Джонас Тичерман
Английский язык для
подростков: базовый уровень.
От основ к уверенной речи

<https://litres.ru/74218504>

ISBN 9785007035415

Аннотация

Учебное пособие предназначено для подростков и направлено на формирование базовых навыков владения английским языком на уровне A2–B1. Материал включает грамматические объяснения, тексты для чтения, тематическую лексику и упражнения с ответами для самопроверки. Книга охватывает основные времена, неправильные глаголы и ключевые речевые конструкции, необходимые для повседневного общения и развития языковой практики.

Содержание

Введение	6
My Daily Routine	8
Grammar Focus	8
Story: My Daily Routine	10
Useful Words and Expressions	11
Exercises	12
Answer Key	14
Introducing Yourself	16
Grammar Focus	16
Story: Meeting a New Student	18
Useful Words and Expressions	19
Exercises	20
Answer Key	22
My Family	24
Grammar Focus	24
Story: My Family	26
Useful Words and Expressions	27
Exercises	28
Answer Key	30
My Home	32
Grammar Focus	32
Story: My Home	34
Useful Words and Expressions	35

Exercises	36
Answer Key	38
School Life	40
Grammar Focus	40
Story: School Life	42
Useful Words and Expressions	43
Exercises	44
Answer Key	46
My Classroom	48
Grammar Focus	48
Story: My Classroom	50
Useful Words and Expressions	51
Exercises	52
Answer Key	54
Numbers and Time	55
Grammar Focus	55
Конец ознакомительного фрагмента.	57

**Английский язык
для подростков:
базовый уровень**

От основ к уверенной речи

Джонас Тичерман

© Джонас Тичерман, 2026

ISBN 978-5-0070-3541-5

Создано в интеллектуальной издательской системе Ridero

Введение

Данное учебное пособие предназначено для учащихся подросткового возраста и направлено на формирование и развитие практических навыков владения английским языком. Материал ориентирован на уровень A2—B1 и может использоваться как в школьном обучении, так и в рамках самостоятельной работы.

Структура пособия построена по единому принципу. Каждая глава включает грамматический блок с подробным объяснением на русском языке, примеры предложений на английском языке с переводом, текст для чтения, тематический словарь, систему упражнений и ключи для самопроверки. Такой подход обеспечивает последовательное усвоение материала и возможность регулярного контроля знаний.

Грамматическая часть охватывает основные времена английского языка, включая Present Simple, Past Simple и Future Simple, а также базовые модальные конструкции. Особое внимание уделяется употреблению неправильных глаголов и наиболее распространённых языковых структур, необходимых для повседневного общения.

Тексты для чтения построены на темах, связанных с по-

вседневной жизнью подростков, таких как школа, свободное время, друзья, городская среда, общение и бытовые ситуации. Лексика подбирается с учётом возрастных особенностей и уровня подготовки обучающихся.

Упражнения направлены на закрепление грамматических и лексических навыков. Они включают задания на заполнение пропусков, выбор правильного варианта ответа и вопросы по содержанию текста, требующие краткого развернутого ответа.

Данное пособие предназначено для систематической работы над языком и способствует формированию устойчивой языковой базы, развитию точности речи и повышению уверенности в использовании английского языка в различных ситуациях общения.

Желаю успехов!

My Daily Routine

Grammar Focus

Present Simple Tense (настоящее простое время) используется для описания регулярных действий, привычек и ежедневных действий.

Основные конструкции:

I wake up

I go

I do

I have

Правила использования:

В 3-м лице единственного числа (he, she, it) глагол получает окончание -s / -es.

Используется с наречиями частоты: always, usually, often, sometimes, never.

Используется с выражениями времени: every day, every morning, on Mondays.

Используется для общих фактов и расписаний.

Примеры:

I wake up at seven o'clock. — Я просыпаюсь в семь часов.

I go to school every day. — Я хожу в школу каждый день.

I do my homework in the evening. — Я делаю домашнее задание вечером.

I have breakfast at home. — Я завтракаю дома.

Дополнительные примеры:

I get up at 6:30. — Я встаю в 6:30.

I take a shower in the morning. — Я принимаю душ утром.

I leave home at 8 o'clock. — Я выхожу из дома в 8 часов.

I come back home after school. — Я возвращаюсь домой после школы.

I have dinner with my family. — Я ужинаю с семьёй.

I go to bed at 10 o'clock. — Я ложусь спать в 10 часов.

Story: My Daily Routine

I wake up at seven o'clock every morning. I feel a little tired, but I get up quickly. I wash my face and brush my teeth. Then I have breakfast with my family. After breakfast, I go to school. I usually walk with my friend. We talk about school and our plans for the day. School starts at eight o'clock.

At school, I study different subjects. I learn English, mathematics, science, and history. I try to listen carefully and do my best. After school, I return home and have lunch. Then I do my homework. Sometimes it is easy, sometimes it is difficult, but I always finish it. In the evening, I relax. I watch television or read a book. I also help my parents at home. I go to bed at ten o'clock because I need good rest.

Useful Words and Expressions

wake up — просыпаться

get up — вставать

wash — умываться

brush teeth — чистить зубы

breakfast — завтрак

go to school — идти в школу

walk — идти пешком

study — учиться

subject — предмет

return home — возвращаться домой

lunch — обед

do homework — делать домашнее задание

relax — отдыхать

watch television — смотреть телевизор

help — помогать

routine — распорядок дня

Exercises

Exercise 1: Fill in the blanks

I ____ (wake) up at seven o'clock.

I ____ (go) to school every day.

I ____ (do) my homework in the evening.

She ____ (study) English at school.

They ____ (have) breakfast at home.

Exercise 2: Multiple Choice

I ____ breakfast at 7 o'clock.

a) have

b) has

c) having

He ____ to school every morning.

a) go

b) goes

c) going

We ____ English at school.

a) study

b) studies

c) studying

Exercise 3: Questions

What time does the student wake up?

What does he do after breakfast?

What subjects does he study at school?

What does he do after school?

What does he do in the evening?

Answer Key

Exercise 1

wake

go

do

studies

have

Exercise 2

a

b

a

Exercise 3

The student wakes up at seven o'clock every morning. He starts his day early to prepare for school.

After breakfast, he goes to school and walks with his friend. They talk about daily plans.

He studies English, mathematics, science, and history.

After school, he returns home, has lunch, and does his homework.

In the evening, he relaxes, watches television or reads a book, and goes to bed at ten o'clock.

Introducing Yourself

Grammar Focus

Present Simple Tense и базовые конструкции используются для того, чтобы представлять себя и сообщать основную информацию о человеке.

Основные конструкции:

My name is...

I am...

I am... years old

I live in...

I study at...

I like...

Примеры:

My name is Anna. — Меня зовут Анна.

I am 15 years old. — Мне 15 лет.

I live in Astana. — Я живу в Астане.

I study at school. — Я учусь в школе.

I like music. — Мне нравится музыка.

Дополнительные примеры:

I am a student. — Я ученик.

I have one brother. — У меня есть один брат.

I like reading books. — Мне нравится читать книги.

I like playing football. — Мне нравится играть в футбол.

My favorite subject is English. — Мой любимый предмет — английский.

I live with my family. — Я живу с семьёй.

I go to school every day. — Я хожу в школу каждый день.

Правила использования:

Используйте I am для описания себя.

Используйте My name is для представления имени.

Используйте like для выражения интересов.

Используйте Present Simple для привычек и фактов.

Story: Meeting a New Student

A new student arrives at a school in a big city. His name is Daniel. He is fourteen years old. He comes from another city, so everything is new for him.

Daniel introduces himself to the class. He says that his name is Daniel and he is a student. He lives with his parents and his younger sister. He likes sports and music. He also likes reading books in his free time.

His favorite subject is English because he wants to travel in the future. He studies at a new school and tries to make friends.

At first, Daniel feels nervous because everything is different. But after some time, he meets friendly classmates. They talk and help him understand school rules.

By the end of the day, Daniel feels happy. He thinks that his new school will be interesting and useful for his future.

Useful Words and Expressions

introduce — представлять

name — имя

age — возраст

years old — лет

live — жить

student — ученик

school — школа

class — класс

favorite — любимый

subject — предмет

hobby — хобби

free time — свободное время

family — семья

friendly — дружелюбный

nervous — нервный

meet — встречать

travel — путешествовать

help — помогать

understand — понимать

Exercises

Exercise 1: Fill in the blanks

My name ____ Alex.

I ____ 14 years old.

I ____ in a small city.

I like ____ books.

I ____ at school.

Exercise 2: Multiple Choice

How do you say your name?

- a) I call Anna
- b) My name is Anna
- c) I am call Anna

What is correct?

- a) I am 15 years old
- b) I is 15 years old
- c) I are 15 years old

Which sentence is correct?

- a) I like play football
- b) I like playing football
- c) I liking football

Exercise 3: Questions

What is Daniel's name?

How old is Daniel?

What does Daniel like?

Why is Daniel nervous at first?

How does Daniel feel at the end of the day?

Answer Key

Exercise 1

is

am

live

reading

study

Exercise 2

b

a

b

Exercise 3

Daniel's name is Daniel. He is a new student in a new school.

He is fourteen years old. He is still a teenager and studying at school.

He likes sports, music, and reading books. These are his main interests.

He is nervous because everything is new: school, classmates, and environment.

By the end of the day, he feels happy because he meets friendly classmates and adapts to school.

My Family

Grammar Focus

Present Simple Tense используется для описания семьи, постоянных фактов и отношений между людьми.

Основные конструкции:

I have...

My mother/father is...

We live...

They work...

He/She likes...

Примеры:

I have a big family. — У меня большая семья.

My mother is a doctor. — Моя мама врач.

My father works in an office. — Мой отец работает в офисе.

We live in a house. — Мы живём в доме.

My sister likes music. — Моя сестра любит музыку.

Дополнительные примеры:

I have one brother and one sister. — У меня один брат и одна сестра.

My parents are very kind. — Мои родители очень добрые.

My brother plays football. — Мой брат играет в футбол.

My sister goes to school. — Моя сестра ходит в школу.

We spend time together in the evening. — Мы проводим время вместе вечером.

My family is very friendly. — Моя семья очень дружная.

My father reads newspapers every day. — Мой отец читает газеты каждый день.

My mother cooks dinner for us. — Моя мама готовит нам ужин.

Правила использования:

Используйте I have для описания членов семьи.

Используйте is/are для описания людей.

Используйте Present Simple для привычек и работы.

Используйте like для интересов членов семьи.

Story: My Family

I have a small but very friendly family. I live with my parents and my younger brother. We live in a comfortable apartment in a quiet part of the city.

My mother is a teacher. She works at a school and helps children learn different subjects. My father is an engineer. He works in a company and likes his job very much. He often tells us interesting stories about his work.

My younger brother is ten years old. He goes to school and likes playing football with his friends. In the evening, we often play games or watch television together.

We usually have dinner together and talk about our day. My parents always ask about my school and my homework. I feel happy because my family is kind and supportive.

On weekends, we sometimes go to the park or visit our relatives. I enjoy spending time with my family because it makes me feel safe and relaxed.

Useful Words and Expressions

family — семья

parents — родители

mother — мама

father — папа

brother — брат

sister — сестра

live — жить

house — дом

apartment — квартира

work — работать

teacher — учитель

engineer — инженер

school — школа

homework — домашнее задание

together — вместе

dinner — ужин

weekend — выходные

kind — добрый

friendly — дружелюбный

supportive — поддерживающий

Exercises

Exercise 1: Fill in the blanks

I ____ a big family.

My mother ____ a teacher.

My father ____ in an office.

We ____ in a house.

My brother ____ football.

Exercise 2: Multiple Choice

My mother ____ a doctor.

- a) is
- b) are
- c) am

We ____ in a small city.

- a) lives
- b) live
- c) living

My sister ____ music.

- a) like
- b) likes
- c) liking

Exercise 3: Questions

How many people are in the family?

What does the mother do?

What does the father do?

What does the brother like doing?

Why does the student enjoy time with family?

Answer Key

Exercise 1

have

is

works

live

plays

Exercise 2

a

b

b

Exercise 3

The family is small and consists of parents, one younger brother, and the student. They live together in a comfortable apartment.

The mother is a teacher. She works at a school and helps children learn different subjects.

The father is an engineer. He works in a company and enjoys his job.

The brother likes playing football with his friends. He is active and enjoys sports.

The student enjoys time with family because they are kind and supportive, and it makes him feel safe and happy.

My Home

Grammar Focus

Present Simple Tense используется для описания дома, его частей и того, что в нём находится или происходит регулярно.

Основные конструкции:

There is ... (есть, находится — ед. число)

There are ... (есть, находятся — мн. число)

I live in...

My home has...

I like...

Примеры:

There is a kitchen in my home. — В моём доме есть кухня.

There are two bedrooms. — В доме две спальни.

I live in a flat. — Я живу в квартире.

My home has a living room. — В моём доме есть гостиная.

I like my home. — Мне нравится мой дом.

Дополнительные примеры:

There is a big living room. — Есть большая гостиная.

There are three rooms in my house. — В моём доме три комнаты.

There is a table in the kitchen. — На кухне есть стол.

There are chairs in the dining room. — В столовой есть стулья.

My room is small but comfortable. — Моя комната маленькая, но удобная.

There is a computer in my room. — В моей комнате есть компьютер.

I study in my room. — Я учусь в своей комнате.

My home is warm and clean. — Мой дом тёплый и чистый.

Правила использования:

Используйте There is для одного предмета.

Используйте There are для нескольких предметов.

Используйте Present Simple для описания постоянных фактов.

Используйте has для описания того, что есть у дома или комнаты.

Story: My Home

I live in a small but comfortable flat with my family. Our home is not very big, but it is warm and clean.

There is a living room, a kitchen, a bathroom, and two bedrooms in our flat. My favorite place is my room because it is quiet and comfortable. I have a desk, a bed, and a computer in my room. I usually study there and do my homework.

The kitchen is my mother's favorite place. She cooks delicious meals for our family every day. We often have breakfast and dinner together in the kitchen.

In the living room, we watch television and talk about our day. There are two sofas and a big table in the room. We spend a lot of time there in the evening.

I like my home because it is peaceful and full of love. It is the place where I feel safe and happy.

Useful Words and Expressions

home — дом

flat — квартира

house — дом (здание)

room — комната

kitchen — кухня

bathroom — ванная

bedroom — спальня

living room — гостиная

desk — письменный стол

bed — кровать

chair — стул

table — стол

comfortable — удобный

clean — чистый

warm — тёплый

quiet — тихий

cook — готовить

study — учиться

spend time — проводить время

Exercises

Exercise 1: Fill in the blanks

There ____ a kitchen in my home.

There ____ two bedrooms.

I ____ in a flat.

My home ____ a living room.

I ____ my home.

Exercise 2: Multiple Choice

There ____ a table in the kitchen.

- a) is
- b) are
- c) am

There ____ three rooms in the house.

- a) is
- b) are
- c) be

My home ____ warm and clean.

- a) is
- b) are
- c) be

Exercise 3: Questions

What type of home does the student live in?

What rooms are in the home?

What is the student's favorite place and why?

What does the family do in the living room?

Why does the student like his home?

Answer Key

Exercise 1

is

are

live

has

like

Exercise 2

a

b

a

Exercise 3

The student lives in a small but comfortable flat with his

family. The home is warm and clean.

There is a living room, a kitchen, a bathroom, and two bedrooms in the home.

His favorite place is his room because it is quiet and comfortable. He can study and relax there.

In the living room, the family watches television and talks about their day together.

He likes his home because it is peaceful, clean, and full of love, and he feels safe there.

School Life

Grammar Focus

Present Simple Tense используется для описания школьной жизни, расписания, предметов и регулярных действий.

Основные конструкции:

I go to school...

I study...

I have ... (lessons/subjects)

The lesson starts...

We learn...

Примеры:

I go to school every day. — Я хожу в школу каждый день.

I study English and mathematics. — Я изучаю английский и математику.

I have five lessons today. — У меня сегодня пять уроков.

The lesson starts at 9 o'clock. — Урок начинается в 9 часов.

We learn new things at school. — Мы изучаем новые вещи в школе.

Дополнительные примеры:

I like my school. — Мне нравится моя школа.

My school is big. — Моя школа большая.

I have many friends at school. — У меня много друзей в школе.

We have lunch at school. — Мы обедаем в школе.

The teacher explains the lesson. — Учитель объясняет урок.

We write tests sometimes. — Мы иногда пишем контрольные.

I do my homework every day. — Я делаю домашнее задание каждый день.

I participate in school activities. — Я участвую в школьных мероприятиях.

Правила использования:

Используйте Present Simple для расписания и привычек.

Используйте go, have, study, learn для школьных действий.

Используйте time expressions: every day, at 8 o'clock, on Mondays.

Story: School Life

I go to school every morning. My school is not very far from my home, so I usually walk there with my friends. We talk and laugh on the way.

At school, I have different lessons. I study English, mathematics, science, and history. My favorite subject is English because I like learning new words and reading short texts.

The school day starts at nine o'clock and finishes in the afternoon. We have short breaks between lessons, and we talk with our classmates or eat snacks.

The teachers are kind and helpful. They explain the lessons clearly and help us when something is difficult. I try to listen carefully and do my best.

After school, I return home and do my homework. Sometimes it is easy, sometimes it is difficult, but I always try to finish it on time.

I like school life because I learn new things every day and spend time with my friends.

Useful Words and Expressions

school — школа

student — ученик

teacher — учитель

lesson — урок

subject — предмет

English — английский язык

mathematics — математика

science — наука

history — история

friend — друг

classmate — одноклассник

homework — домашнее задание

break — перемена

timetable — расписание

learn — учиться

study — изучать

explain — объяснять

participate — участвовать

activity — деятельность

Exercises

Exercise 1: Fill in the blanks

I ____ to school every day.

I ____ English at school.

The lesson ____ at 9 o'clock.

We ____ lunch at school.

I ____ my homework every day.

Exercise 2: Multiple Choice

I ____ mathematics at school.

- a) study
- b) studies
- c) studying

The teacher ____ the lesson.

- a) explain
- b) explains
- c) explaining

We ____ at school every day.

a) go

b) goes

c) going

Exercise 3: Questions

How does the student go to school?

What subjects does he study?

When does the school day start?

What do students do during breaks?

Why does the student like school life?

Answer Key

Exercise 1

go

study

starts

have

do

Exercise 2

a

b

a

Exercise 3

The student usually walks to school with his friends. They

enjoy talking on the way.

He studies English, mathematics, science, and history. His favorite subject is English.

The school day starts at nine o'clock in the morning. It finishes in the afternoon.

During breaks, students talk with friends or eat snacks. They relax between lessons.

He likes school life because he learns new things every day and spends time with friends.

My Classroom

Grammar Focus

Present Simple Tense используется для описания класса, предметов в классе и регулярных действий, которые происходят в школе.

Основные конструкции:

There is...

There are...

I sit...

We have...

The teacher...

Примеры:

There is a blackboard in my classroom. — В моём классе есть доска.

There are twenty students in the class. — В классе двадцать учеников.

I sit near the window. — Я сижу возле окна.

We have English lessons every week. — У нас английский каждую неделю.

The teacher explains the lesson. — Учитель объясняет урок.

Дополнительные примеры:

There is a desk for the teacher. — Есть стол для учителя.

There are books on the table. — На столе есть книги.

I sit with my friend. — Я сижу с другом.

We write in our notebooks. — Мы пишем в тетрадях.

The students listen carefully. — Ученики внимательно слушают.

The classroom is big and bright. — Класс большой и светлый.

There are maps on the wall. — На стене есть карты.

We work in groups sometimes. — Мы иногда работаем в группах.

Правила использования:

Используйте There is для одного предмета.

Используйте There are для нескольких предметов.

Используйте Present Simple для описания постоянных условий в классе.

Используйте verbs like sit, write, listen, learn для действий учеников.

Story: My Classroom

My classroom is big and bright. It has large windows, so there is a lot of natural light. There are twenty-five students in my class.

There is a blackboard at the front of the classroom. The teacher's desk is near the board. There are many desks and chairs for students. I sit near the window with my best friend.

We study many subjects in this classroom, such as English, mathematics, science, and history. The teacher explains the lessons clearly, and we try to understand everything.

During lessons, we write in our notebooks, read texts, and answer questions. Sometimes we work in pairs or groups. The classroom is usually quiet because everyone listens carefully.

I like my classroom because it is comfortable and helps me learn. I also like my classmates because they are friendly and helpful.

Useful Words and Expressions

classroom — класс

student — ученик

teacher — учитель

blackboard — доска

desk — парта

chair — стул

window — окно

wall — стена

notebook — тетрадь

book — книга

lesson — урок

subject — предмет

group — группа

pair — пара

listen — слушать

write — писать

explain — объяснять

bright — светлый

comfortable — удобный

friendly — дружелюбный

Exercises

Exercise 1: Fill in the blanks

There ____ a blackboard in the classroom.

There ____ twenty students in the class.

I ____ near the window.

We ____ English at school.

The teacher ____ the lesson.

Exercise 2: Multiple Choice

There ____ many desks in the classroom.

- a) is
- b) are
- c) am

I ____ with my friend.

- a) sit
- b) sits
- c) sitting

The teacher ____ the lesson clearly.

- a) explain
- b) explains
- c) explaining

Exercise 3: Questions

How many students are in the classroom?

Where does the student sit?

What subjects do they study?

What do students do during lessons?

Why does the student like the classroom?

Answer Key

Exercise 1

is
are
sit
study
explains

Exercise 2

b
a
b

Exercise 3

There are twenty-five students in the classroom.

The student sits near the window with his friend.

They study English, mathematics, science, and history.

They write in notebooks, read texts, and answer questions.

He likes the classroom because it is comfortable, bright, and helps him learn.

Numbers and Time

Grammar Focus

В этой теме используются числа и выражения времени для описания расписания, повседневных действий и точного времени.

Основные конструкции:

It is... o'clock. — Сейчас... часов.

I wake up at ... — Я просыпаюсь в...

The lesson starts at ... — Урок начинается в...

There are... students. — В классе... учеников.

Примеры:

It is seven o'clock. — Сейчас семь часов.

I wake up at six o'clock. — Я просыпаюсь в шесть часов.

The lesson starts at nine o'clock. — Урок начинается в девять часов.

There are twenty students in the class. — В классе двадцать учеников.

Дополнительные примеры:

It is half past eight. — Сейчас половина девятого.

I go to school at seven thirty. — Я иду в школу в 7:30.

We have lunch at twelve o'clock. — Мы обедаем в 12 часов.

The movie starts at six fifteen. — Фильм начинается в 6:15.

I go to bed at ten o'clock. — Я ложусь спать в 10 часов.

There are thirty days in April. — В апреле 30 дней.

My class starts at eight forty-five. — Мой урок начинается

в 8:45.

Конец ознакомительного фрагмента.

Текст предоставлен ООО «Литрес».

Прочитайте эту книгу целиком, [купив полную легальную версию](#) на Литрес.

Безопасно оплатить книгу можно банковской картой Visa, MasterCard, Maestro, со счета мобильного телефона, с платежного терминала, в салоне МТС или Связной, через PayPal, WebMoney, Яндекс.Деньги, QIWI Кошелек, бонусными картами или другим удобным Вам способом.