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ЛЕКСИКА
АНГЛИЙСКОГО ЯЗЫКА
ДЛЯ
НАЧИНАЮЩИХ (A2)

Практическое чтение
и закрепление словарного запаса

Джонас Тичерман

**Лексика английского языка
для начинающих (A2).**

**Практическое чтение
и закрепление словарного запаса**

«Издательские решения»

Тичерман Д.

Лексика английского языка для начинающих (A2). Практическое чтение и закрепление словарного запаса / Д. Тичерман — «Издательские решения»,

Данное учебное пособие предназначено для изучающих английский язык на уровне A2. Книга содержит тексты на основе повседневных ситуаций, направленные на развитие навыков чтения и расширение словарного запаса. Каждая глава включает список полезной лексики, упражнения разных типов и ответы для самопроверки. Пособие может использоваться для самостоятельного обучения или занятий с преподавателем. Материал построен по принципу постепенного усложнения.

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Введение

Данная книга предназначена для изучающих английский язык на уровне A2. Её основная цель — развитие базового словарного запаса, формирование устойчивого понимания повседневных ситуаций и закрепление простых грамматических конструкций через чтение и практические задания.

Структура книги построена таким образом, чтобы каждая глава представляла собой самостоятельный учебный модуль. В каждой главе содержится текст (Story), написанный на английском языке и соответствующий уровню начинающих. Тексты описывают повседневные ситуации и ориентированы на практическое использование языка в реальных жизненных контекстах.

После каждого текста представлен раздел «Полезные слова и выражения», включающий лексические единицы, используемые в истории. Данный раздел направлен на расширение словарного запаса и облегчение понимания прочитанного материала.

Также в каждой главе предусмотрены упражнения, направленные на проверку понимания текста и закрепление лексики. Задания включают заполнение пропусков, вопросы с выбором ответа и открытые вопросы, требующие развернутого ответа на основе содержания текста.

Отдельно приводится раздел с ответами, предназначенный для самопроверки или использования в учебном процессе преподавателем.

Материалы книги разработаны с учетом принципов постепенного усложнения языкового материала и систематического повторения лексики. Книга может использоваться как для самостоятельного изучения, так и в рамках занятий с преподавателем.

Автор придерживался принципа функциональности языка и стремился к тому, чтобы каждый текст отражал практические ситуации, с которыми может столкнуться изучающий английский язык на базовом уровне.

A New Day Begins

Story

Anna wakes up at 7:00 in the morning. She does not like to get up early, but she has many things to do today. She turns off her alarm and sits in bed for a minute. Then she stands up and opens the window. The air is fresh, and the sun is shining.

Anna goes to the bathroom and washes her face. She brushes her teeth and looks in the mirror. She feels a little tired, but she is ready to start the day. After that, she goes to the kitchen.

In the kitchen, Anna makes breakfast. She prepares a cup of tea and makes two eggs. She also takes some bread and butter. She sits at the table and eats slowly. While she eats, she thinks about her plans for the day.

After breakfast, Anna gets dressed. She chooses a simple outfit: a white shirt and black pants. Then she checks her bag. She puts her phone, keys, and a small notebook inside.

At 8:00, Anna leaves her apartment. She locks the door and walks outside. The street is quiet, and only a few people are there. She walks to the bus stop and waits for the bus.

When the bus arrives, Anna gets on and finds a seat near the window. She looks outside and watches the city. People are going to work, and shops are opening.

Anna feels calm and ready. It is a new day, and she wants to do her best.

Useful Words and Expressions

wake up — просыпаться
get up — вставать
turn off (an alarm) — выключать (будильник)
fresh air — свежий воздух
shine (the sun shines) — светить
wash (face) — умываться
brush (teeth) — чистить (зубы)
feel tired — чувствовать усталость
be ready — быть готовым
start the day — начинать день
prepare breakfast — готовить завтрак
a cup of tea — чашка чая
bread and butter — хлеб с маслом
slowly — медленно
think about — думать о
plans for the day — планы на день
get dressed — одеваться
choose — выбирать
outfit — одежда, наряд
check (a bag) — проверять
leave home — выходить из дома
lock the door — запира́ть дверь
bus stop — автобусная остановка
wait for — ждать
get on (a bus) — садиться (в автобус)
find a seat — находить место
look outside — смотреть наружу
feel calm — чувствовать спокойствие

Exercises

Exercise 1: Fill in the blanks

Anna wakes up at _____ in the morning.

She turns off her _____.

She opens the _____ to get fresh air.

In the kitchen, she prepares _____.

She eats _____ and butter.

She puts her phone and _____ in her bag.

At 8:00, she _____ her apartment.

She waits for the _____.

She finds a seat near the _____.

She feels _____ and ready.

Exercise 2: Multiple Choice

What time does Anna wake up?

a) 6:00

b) 7:00

c) 8:00

What does Anna drink?

a) Coffee

b) Juice

c) Tea

What does she wear?

a) A dress

b) A white shirt and black pants

c) A jacket and jeans

How does she go to her destination?

a) By car

b) By bus

c) On foot

How does Anna feel at the end of the story?

a) Angry

b) Tired

c) Calm

Exercise 3: Answer the questions

What does Anna do after she wakes up?

What does Anna eat for breakfast?

What does she take with her when she leaves home?

What does Anna do on the bus?

How does Anna feel about the new day?

Answer Key

Exercise 1

7:00

alarm

window

breakfast

bread

keys

leaves

bus

window

calm

Exercise 2

b) 7:00

c) Tea

b) A white shirt and black pants

b) By bus

c) Calm

Exercise 3

After she wakes up, Anna turns off her alarm and opens the window. She then goes to the bathroom to wash her face and brush her teeth.

Anna eats eggs, bread, and butter for breakfast. She also drinks a cup of tea.

She takes her phone, keys, and a small notebook with her. These items are in her bag.

On the bus, Anna sits near the window and looks outside. She watches people and the city.

Anna feels calm and ready for the new day. She wants to do her best.

Morning Routine

Story

Mark wakes up every day at 6:30. He does not like early mornings, but he knows they are important. His alarm rings, and he turns it off quickly. He stays in bed for a minute, then he gets up and stretches his body.

First, Mark goes to the bathroom. He takes a shower and washes his hair. After that, he brushes his teeth and dries his hair with a towel. He looks at himself in the mirror and smiles. He feels more awake now.

Next, Mark goes to the kitchen. He drinks a glass of water because it is healthy. Then he makes his breakfast. Today, he prepares oatmeal with fruit and a cup of coffee. He sits down and eats quietly. He does not use his phone because he wants a calm start to the day.

After breakfast, Mark checks the weather on his phone. It is cold outside, so he decides to wear a warm jacket. He gets dressed and puts on his shoes. Then he packs his bag. He takes his laptop, notebook, and a pen.

Before leaving, Mark makes his bed and cleans the table. He likes his home to be tidy. At 7:30, he is ready to go. He puts on his jacket, takes his bag, and leaves the apartment.

Outside, the streets are busy. People are walking fast and cars are moving everywhere. Mark walks to the metro and listens to music. He feels active and ready for work.

Every morning is the same, but Mark likes his routine. It helps him start the day in a good way.

Useful Words and Expressions

early morning — раннее утро
alarm rings — будильник звонит
turn off — выключать
stay in bed — оставаться в постели
get up — вставать
stretch — потягиваться
take a shower — принимать душ
wash hair — мыть волосы
dry — вытирать, сушить
towel — полотенце
look in the mirror — смотреть в зеркало
feel awake — чувствовать себя бодрым
a glass of water — стакан воды
healthy — полезный, здоровый
prepare — готовить
oatmeal — овсянка
quietly — тихо
check the weather — проверять погоду
decide — решать
wear — носить (одежду)
warm jacket — тёплая куртка
pack a bag — собирать сумку
tidy — аккуратный
make the bed — заправлять кровать
leave the apartment — выходить из квартиры
busy streets — оживлённые улицы
listen to music — слушать музыку
routine — распорядок

Exercises

Exercise 1: Fill in the blanks

Mark wakes up at _____ every day.
He takes a _____ in the morning.
He dries his hair with a _____.
He drinks a glass of _____.
For breakfast, he eats _____ with fruit.
He checks the _____ on his phone.
He wears a warm _____ because it is cold.
He packs his _____ before leaving.
He walks to the _____.
His morning _____ helps him start the day well.

Exercise 2: Multiple Choice

What time does Mark wake up?

- a) 6:00
- b) 6:30
- c) 7:30

What does Mark do first after getting up?

- a) Eats breakfast
- b) Goes to the bathroom
- c) Watches TV

What does he drink in the morning?

- a) Juice
- b) Tea
- c) Water

Why does he wear a warm jacket?

- a) Because it is raining
- b) Because it is cold
- c) Because it is windy

How does Mark go to work?

- a) By car
- b) By bus
- c) By metro

Exercise 3: Answer the questions

What does Mark do in the bathroom?

What does Mark eat and drink for breakfast?

What does he do before leaving his apartment?

What is the street like in the morning?

Why does Mark like his morning routine?

Answer Key

Exercise 1

6:30

shower

towel

water

oatmeal

weather

jacket

bag

metro

routine

Exercise 2

b) 6:30

b) Goes to the bathroom

c) Water

b) Because it is cold

c) By metro

Exercise 3

In the bathroom, Mark takes a shower and washes his hair. He also brushes his teeth and dries his hair.

Mark eats oatmeal with fruit for breakfast. He drinks water and also has a cup of coffee.

Before leaving, Mark makes his bed and cleans the table. He also packs his bag and gets dressed.

The street is busy in the morning. Many people are walking, and cars are moving everywhere.

Mark likes his routine because it helps him start the day in a good way. It makes him feel active and ready for work.

At Home

Story

Lisa lives in a small but comfortable apartment. She likes to spend time at home because it is quiet and relaxing. After work, she usually comes home at 6:00 in the evening.

When Lisa enters her apartment, she takes off her shoes and puts her bag on the chair. First, she opens the window to let in fresh air. Then she goes to the kitchen to make dinner.

Today, Lisa cooks rice with vegetables and chicken. She cuts the vegetables and puts everything in a pan. While the food is cooking, she cleans the kitchen and washes the dishes. She likes to keep her home clean and organized.

After dinner, Lisa goes to the living room. She sits on the sofa and turns on the lamp. Sometimes she watches TV, but today she reads a book. The story is interesting, and she feels calm and happy.

Later, Lisa calls her friend and talks for a few minutes. They discuss their day and make plans for the weekend. After the call, Lisa checks her email and writes a short message to her colleague.

At 9:30, Lisa starts to get ready for bed. She goes to the bathroom, washes her face, and brushes her teeth. Then she changes into comfortable clothes.

Before going to sleep, Lisa makes a cup of tea and sits by the window. The city is quiet, and the lights are beautiful. She thinks about her day and feels thankful.

Lisa turns off the lights and goes to bed at 10:30. She feels relaxed and ready for a good night's sleep.

Useful Words and Expressions

apartment — квартира
comfortable — удобный
spend time — проводить время
relaxing — расслабляющий
enter — входить
take off (shoes) — снимать (обувь)
put (something) on — класть
let in (air) — впускать
cook — готовить
cut (vegetables) — резать (овощи)
pan — сковорода
while — пока
wash dishes — мыть посуду
clean — убирать
organized — организованный
living room — гостиная
sofa — диван
turn on (a lamp) — включать (лампу)
read a book — читать книгу
calm — спокойный
call a friend — звонить другу
discuss — обсуждать
make plans — строить планы
get ready for bed — готовиться ко сну
change into — переодеваться в
comfortable clothes — удобная одежда
thankful — благодарный
turn off the lights — выключать свет

Exercises

Exercise 1: Fill in the blanks

Lisa lives in a small _____.
She comes home at _____ in the evening.
She takes off her _____ when she enters.
She cooks rice with _____ and chicken.
She washes the _____ after cooking.
She sits on the _____ in the living room.
She reads a _____.
She calls her _____ in the evening.
She gets ready for _____ at 9:30.
She goes to bed at _____.

Exercise 2: Multiple Choice

What does Lisa do first when she comes home?

- a) Watches TV
- b) Takes off her shoes
- c) Calls a friend

What does she cook for dinner?

- a) Pasta
- b) Soup
- c) Rice with vegetables and chicken

What does she do in the living room?

- a) Sleeps
- b) Reads a book
- c) Exercises

Who does Lisa call?

- a) Her manager
- b) Her friend
- c) Her teacher

How does Lisa feel before going to bed?

- a) Tired and stressed
- b) Angry
- c) Relaxed

Exercise 3: Answer the questions

What does Lisa do after she enters her apartment?

What does she do while cooking?

What does Lisa do in the living room?

What does she do before going to bed?

How does Lisa feel at the end of the day?

Answer Key

Exercise 1

apartment

6:00

shoes

vegetables

dishes

sofa

book

friend

bed

10:30

Exercise 2

b) Takes off her shoes

c) Rice with vegetables and chicken

b) Reads a book

b) Her friend

c) Relaxed

Exercise 3

After she enters her apartment, Lisa takes off her shoes and puts her bag on a chair. She also opens the window to let in fresh air.

While cooking, Lisa cleans the kitchen and washes the dishes. She likes to keep everything organized.

In the living room, Lisa sits on the sofa and reads a book. Sometimes she also watches TV.

Before going to bed, Lisa washes her face and brushes her teeth. She also changes into comfortable clothes and drinks tea.

Lisa feels relaxed and thankful at the end of the day. She is ready for a good night's sleep.

My Family

Story

Tom has a small but happy family. He lives with his parents and his younger sister in a house near the city center. He loves his family very much, and they spend a lot of time together.

Tom's father is a doctor. He works at a hospital and helps many people every day. He is very kind and hardworking, but sometimes he comes home late. In the evening, he likes to relax and watch TV.

Tom's mother is a teacher. She works at a local school. She teaches English and enjoys her job. She is friendly and patient. At home, she often helps Tom with his homework.

Tom's younger sister, Emma, is ten years old. She goes to school and likes to draw pictures. She is very creative and always has new ideas. Sometimes she asks Tom to play with her, and they have a lot of fun together.

In the evening, the family usually has dinner together. They sit at the table, eat, and talk about their day. Tom tells stories about school, and his parents listen carefully. His mother often cooks delicious meals, and everyone enjoys the food.

On weekends, the family likes to go out. They sometimes visit the park or go to a café. They also like to watch movies at home and play board games.

Tom feels happy when he is with his family. They support each other and enjoy spending time together. For Tom, family is the most important part of his life.

Useful Words and Expressions

family — семья
parents — родители
younger sister — младшая сестра
house — дом
city center — центр города
spend time — проводить время
love — любить
doctor — врач
hospital — больница
help people — помогать людям
hardworking — трудолюбивый
come home late — приходить домой поздно
relax — отдыхать
teacher — учитель
local school — местная школа
patient — терпеливый
homework — домашнее задание
creative — творческий
draw pictures — рисовать
have fun — веселиться
have dinner — ужинать
talk about — говорить о
delicious — вкусный
weekend — выходные
go out — выходить (куда-то)
visit — посещать
support — поддерживать
important — важный

Exercises

Exercise 1: Fill in the blanks

Tom lives with his _____ and sister.

His father is a _____.

His mother works at a _____.

Emma is _____ years old.

She likes to _____ pictures.

The family has _____ together in the evening.

They talk about their _____.

On weekends, they visit the _____.

They also watch _____ at home.

Tom thinks family is very _____.

Exercise 2: Multiple Choice

Where does Tom live?

- a) In a village
- b) In a house near the city center
- c) In a big city alone

What does Tom's father do?

- a) Teacher
- b) Driver
- c) Doctor

What does Tom's mother teach?

- a) Math
- b) English
- c) History

What does Emma like to do?

- a) Play football
- b) Draw
- c) Cook

What do they do on weekends?

- a) Work all day
- b) Travel abroad
- c) Go out or stay home together

Exercise 3: Answer the questions

Who is in Tom's family?

What do Tom's parents do?

What does Emma like to do?

What does the family do in the evening?

Why is family important to Tom?

Answer Key

Exercise 1

parents
doctor
school
ten
draw
dinner
day
park
movies
important

Exercise 2

- b) In a house near the city center
- c) Doctor
- b) English
- b) Draw
- c) Go out or stay home together

Exercise 3

Tom's family includes his parents and his younger sister. They all live together in a house.

Tom's father is a doctor, and his mother is a teacher. They both work and help other people.

Emma likes to draw pictures. She is creative and enjoys making new things.

In the evening, the family has dinner together and talks about their day. They enjoy spending time with each other.

Family is important to Tom because they support each other. He feels happy when he is with them.

My Best Friend

Story

David has a best friend. Her name is Sarah, and they have known each other for many years. They met at school when they were children, and they quickly became good friends.

Sarah is a very kind and friendly person. She always smiles and helps others. She has long brown hair and green eyes. She likes to wear simple and comfortable clothes.

David and Sarah go to the same school, and they are in the same class. They often sit together and work on their lessons. When David does not understand something, Sarah explains it to him. She is very patient and a good student.

After school, they sometimes go to the park or a café. They like to talk about their day, their plans, and their dreams. Sarah wants to become a doctor in the future because she wants to help people. David wants to become a designer.

On weekends, they often spend time together. They watch movies, listen to music, or play games. Sometimes they study together for tests. They help each other and share their ideas.

One day, David feels very tired and worried about a test. Sarah sees this and talks to him. She helps him study and gives him support. After that, David feels more confident.

David thinks Sarah is the best friend because she is always there for him. She listens, helps, and understands him. He is happy to have such a good friend in his life.

Useful Words and Expressions

best friend — лучший друг
meet — встречать, знакомиться
become friends — стать друзьями
kind — добрый
friendly — дружелюбный
smile — улыбаться
help others — помогать другим
comfortable clothes — удобная одежда
same class — один класс
sit together — сидеть вместе
work on (lessons) — работать над (уроками)
understand — понимать
explain — объяснять
patient — терпеливый
after school — после школы
talk about — говорить о
dreams — мечты
in the future — в будущем
spend time — проводить время
watch movies — смотреть фильмы
listen to music — слушать музыку
study for tests — готовиться к тестам
share ideas — делиться идеями
feel worried — чувствовать беспокойство
support — поддержка
confident — уверенный
be there for someone — быть рядом, поддерживать
understand someone — понимать кого-то

Exercises

Exercise 1: Fill in the blanks

David's best friend's name is _____.
They met at _____.
Sarah is very kind and _____.
They are in the same _____.
Sarah helps David _____ his lessons.
After school, they go to the _____ or a café.
Sarah wants to become a _____.
On weekends, they _____ time together.
Sarah helps David when he feels _____.
David feels _____ to have such a friend.

Exercise 2: Multiple Choice

Where did David and Sarah meet?

- a) At work
- b) At school
- c) At a park

What is Sarah like?

- a) Angry
- b) Lazy
- c) Kind

What does Sarah want to become?

- a) A teacher
- b) A doctor
- c) A designer

What do they do on weekends?

- a) Work all day
- b) Spend time together
- c) Travel abroad

How does David feel at the end?

- a) Sad
- b) Happy
- c) Angry

Exercise 3: Answer the questions

How did David and Sarah become friends?

What does Sarah do when David does not understand something?

What do they do after school?

How does Sarah help David when he is worried?

Why is Sarah a good best friend?

Answer Key

Exercise 1

Sarah
school
friendly
class
with
park
doctor
spend
worried
happy

Exercise 2

b) At school
c) Kind
b) A doctor
b) Spend time together
b) Happy

Exercise 3

David and Sarah became friends at school when they were children. They met and quickly started spending time together.

When David does not understand something, Sarah explains it to him. She is patient and helps him learn.

After school, they go to the park or a café. They talk about their day and spend time together.

When David is worried, Sarah talks to him and helps him study. She gives him support and makes him feel confident.

Sarah is a good best friend because she is kind and supportive. She always helps David and understands him.

A Busy Day

Story

John has a very busy day today. He wakes up at 6:00 in the morning because he has many things to do. He quickly gets up, takes a shower, and gets dressed. He does not have much time, so he eats a simple breakfast: a banana and a cup of coffee.

At 7:00, John leaves his apartment and goes to work. He takes the bus because it is faster than walking. On the bus, he checks his emails and reads messages from his colleagues.

John works in an office. When he arrives, he starts his work immediately. First, he has a meeting with his team. They discuss a new project and make a plan. After the meeting, John writes reports and answers emails.

At 12:30, he has lunch with his coworkers. They go to a small café near the office. John orders a sandwich and some juice. He enjoys the food, but he does not have much time to relax.

In the afternoon, John has more tasks. He talks to his manager, works on the computer, and makes phone calls. Sometimes he feels tired, but he continues working.

At 6:00 in the evening, John finishes work and leaves the office. He goes to the supermarket to buy some food. After that, he returns home.

In the evening, John cooks dinner and watches a short program on TV. He feels very tired after such a busy day. At 10:30, he goes to bed and quickly falls asleep.

Useful Words and Expressions

busy day — занятый день
wake up — просыпаться
quickly — быстро
get dressed — одеваться
not much time — мало времени
simple breakfast — простой завтрак
leave (home) — выходить из дома
take the bus — ехать на автобусе
check emails — проверять электронную почту
message — сообщение
colleague — коллега
office — офис
arrive — прибывать
immediately — сразу
meeting — встреча
team — команда
project — проект
make a plan — составлять план
report — отчёт
answer emails — отвечать на письма
coworker — коллега
order (food) — заказывать
task — задача
manager — менеджер
make phone calls — звонить
finish work — заканчивать работу
supermarket — супермаркет
fall asleep — засыпать

Exercises

Exercise 1: Fill in the blanks

John wakes up at _____.
He eats a _____ breakfast.
He goes to work by _____.
On the bus, he checks his _____.
He has a _____ with his team.
At lunch, he orders a _____.
In the afternoon, he has many _____.
He talks to his _____.
After work, he goes to the _____.
At night, he quickly falls _____.

Exercise 2: Multiple Choice

What time does John wake up?

- a) 6:00
- b) 7:00
- c) 8:00

What does he eat for breakfast?

- a) Eggs
- b) A banana
- c) A sandwich

Where does John work?

- a) At a school
- b) In an office
- c) In a hospital

What does he do at lunch?

- a) Goes home
- b) Skips lunch
- c) Eats at a café

How does John feel in the evening?

- a) Energetic
- b) Tired
- c) Excited

Exercise 3: Answer the questions

What does John do in the morning before work?

What happens during the meeting?

What does John do during lunch?

What does he do in the afternoon at work?

How does John end his day?

Answer Key

Exercise 1

6:00

simple

bus

emails

meeting

sandwich

tasks

manager

supermarket

asleep

Exercise 2

a) 6:00

b) A banana

b) In an office

c) Eats at a café

b) Tired

Exercise 3

In the morning, John wakes up, takes a shower, and gets dressed. He also eats a simple breakfast before leaving home.

During the meeting, John and his team discuss a new project. They also make a plan for their work.

During lunch, John goes to a café with his coworkers. He orders a sandwich and some juice.

In the afternoon, John works on different tasks. He talks to his manager, uses the computer, and makes phone calls.

John ends his day by going home, cooking dinner, and watching TV. He then goes to bed and falls asleep.

Weekend Plans

Story

It is Friday evening, and Maria is thinking about her weekend plans. She feels happy because she does not have to work for two days. She wants to relax but also do something interesting.

On Saturday morning, Maria plans to wake up a little later than usual. She wants to sleep until 9:00 and enjoy a slow morning. After she gets up, she will make a nice breakfast with pancakes and coffee.

Later, Maria wants to meet her friend Julia. They plan to go shopping in the city center. Maria needs a new jacket, and Julia wants to buy shoes. They like shopping together because they can help each other choose good things.

In the afternoon, they decide to go to a café. They will drink tea and eat a piece of cake. They also want to talk about their lives and share news.

In the evening, Maria plans to stay at home. She wants to watch a movie and relax. She may also read a book before going to bed.

On Sunday, Maria wants to have a quiet day. In the morning, she plans to clean her apartment and do some housework. After that, she wants to go for a walk in the park. She enjoys fresh air and nature.

In the afternoon, Maria plans to call her parents. She likes to talk to them every week. In the evening, she will prepare food for the next week.

Maria thinks her weekend will be perfect. It is a good mix of rest and activity.

Useful Words and Expressions

weekend — выходные
plan — план
Friday evening — вечер пятницы
relax — отдыхать
interesting — интересный
wake up later — просыпаться позже
usual — обычный
enjoy — наслаждаться
slow morning — спокойное утро
pancakes — блинчики
meet a friend — встречаться с другом
go shopping — идти за покупками
city center — центр города
choose — выбирать
decide — решать
café — кафе
piece of cake — кусок торта
share news — делиться новостями
stay at home — оставаться дома

Конец ознакомительного фрагмента.

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