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Джонас Тичерман

**Лексика
английского
языка для
повседневного
общения**

*Лексика, которую
используют
в жизни*

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Аннотация

Данное пособие предназначено для изучения лексики английского языка на уровне A2 и развития навыков повседневного общения. Материал организован по тематическим главам и включает связные тексты, ключевую лексику с переводом, речевые шаблоны и практические задания. Книга помогает расширить словарный запас, освоить устойчивые выражения и научиться использовать английский язык в реальных жизненных ситуациях.

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Введение

Данное пособие представляет собой структурированный материал для изучения лексики английского языка, используемой в повседневном общении. Основная цель книги заключается в формировании и расширении словарного запаса, а также в развитии навыков использования устойчивых выражений и речевых моделей в типичных жизненных ситуациях.

Материал организован по тематическому принципу. Каждая глава посвящена отдельной теме, связанной с повседневной жизнью, социальной и бытовой коммуникацией. Такой подход позволяет изучать лексику в контексте, что способствует более эффективному её усвоению и последующему применению в речи.

Каждая глава включает связный текст, выполненный на уровне A2, список ключевой лексики с переводом на русский язык, речевые шаблоны, а также практические задания для закрепления материала. Особое внимание уделяется устойчивым выражениям и коллокациям, которые широко используются в реальной речи носителей языка.

Также в пособии предусмотрены упражнения на развитие

продуктивных навыков. Они направлены на формирование способности самостоятельно строить высказывания на английском языке, используя изученную лексику и грамматические конструкции. Это способствует переходу от пассивного знания слов к активному их применению.

Данное пособие может быть использовано для самостоятельного изучения, а также в качестве дополнительного материала в рамках учебного процесса. Оно ориентировано на учащихся, владеющих английским языком на начальном уровне и стремящихся улучшить навыки повседневного общения.

Daily routine — Повседневный распорядок дня

Text

Every person has a daily routine, even if it is not exactly the same every day. My typical day starts in the morning when my alarm clock rings at 7 a.m. I usually feel a little sleepy, but I get up because I know I need to start the day. I open the window to get some fresh air and then I go to the bathroom to wash my face and brush my teeth.

After that, I get dressed. I usually choose comfortable clothes because I want to feel relaxed during the day. Then I go to the kitchen to prepare breakfast. I often eat something simple like eggs, toast, or cereal. While I am eating, I sometimes check my phone to read messages or look at the news, but I try not to spend too much time on it.

At around 8 a.m., I start working or studying. If I have online classes, I turn on my computer and join the lesson. If I am working, I usually make a to-do list, so I know what I need to do during the day. This helps me stay organized and not forget important tasks.

In the middle of the day, I take a short break. I usually drink tea or coffee and sometimes go for a short walk. This is important because it helps me relax my mind and feel more energetic. After the break, I continue working or studying.

At lunchtime, I eat something light. I don't always cook a big meal, so I sometimes make a sandwich or reheat food from yesterday. Although I try to eat healthy food, I sometimes eat fast food when I don't have enough time.

In the afternoon, I continue my tasks. Sometimes I have meetings or homework, so I stay busy. I try to finish everything before evening because I like to relax later in the day.

In the evening, I usually finish work and spend time doing things I enjoy. I might watch a movie, listen to music, or talk to my friends. I also like to check social media, but I try not to spend too much time scrolling.

Before going to bed, I do some small evening routines. I wash my face, prepare my clothes for the next day, and sometimes read a book. I think reading is a good habit because it helps me relax and learn new things.

Finally, I go to bed at around 11 p.m. I try to sleep well

because I know that good sleep is important for my health and energy. Although not every day is exactly the same, I try to keep a stable routine because it helps me feel balanced and productive.

Key Vocabulary and Expressions

alarm clock — будильник

get up — вставать

wash my face — умываться

brush my teeth — чистить зубы

get dressed — одеваться

comfortable clothes — удобная одежда

prepare breakfast — готовить завтрак

check my phone — проверять телефон

to-do list — список дел

stay organized — оставаться организованным

take a break — делать перерыв

feel energetic — чувствовать энергию

light meal — лёгкая еда

heat up food — разогревать еду

stay busy — быть занятым

relax my mind — расслабить ум

scroll social media — листать соцсети

evening routine — вечерний распорядок

go to bed — ложиться спать

good habit — хорошая привычка

stable routine — стабильный распорядок

Useful Patterns

I usually + verb — Я обычно + глагол

I try to + verb — Я стараюсь + глагол

I sometimes + verb — Я иногда + глагол

I like to + verb — Мне нравится + глагол

I don't always + verb — Я не всегда + глагол

This helps me + verb — Это помогает мне + глагол

Although I..., I still... — Хотя я..., я всё равно...

Because it helps me + verb — Потому что это помогает мне

+ глагол

When I..., I feel... — Когда я..., я чувствую...

It makes me + adjective — Это делает меня + прилагательное

Practice: Answer the Questions

1. What time do you usually get up?

Model answer:

I usually get up at 7 a.m. when my alarm clock rings. I try to get up quickly because it helps me feel more awake and start my day in a good way.

2. What do you usually do first in the morning?

Model answer:

First, I wash my face and brush my teeth. This helps me feel fresh and ready for the day.

3. Do you eat breakfast every day?

Model answer:

Yes, I usually eat breakfast. I often eat something simple like eggs or toast because it gives me energy for the morning.

4. What do you do during the day?

Model answer:

During the day, I work or study and follow my to-do list. This helps me stay organized and not forget important tasks.

5. What do you do in the evening?

Model answer:

In the evening, I usually relax. I watch movies or listen to music because it helps me relax my mind after a busy day.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions from the vocabulary list and add one reason or example.

Example:

I usually follow a stable routine because it helps me stay organized. For example, I make a to-do list every morning and take breaks during the day so I can relax my mind and stay focused.

Practice: Complete the Sentences

I usually wake up when my _____ clock rings.

I try to _____ up quickly in the morning.

I make a _____ list to plan my day.

I take a short _____ during the day.

Before bed, I follow my evening _____.

Morning habits — Утренние привычки

Text

Morning habits are very important because they set the mood for the whole day. I try to start my mornings in a calm and positive way, although sometimes it is not easy when I feel tired or when I go to bed late.

Usually, I wake up at 7 a.m. when my alarm clock rings. I don't like to stay in bed for too long because it makes me feel lazy. So I try to get up quickly and start moving. The first thing I do is open the curtains to let in natural light. This helps me feel more awake.

After that, I go to the bathroom. I wash my face with cold water because it helps me wake up faster. Then I brush my teeth and look at myself in the mirror. It is a small routine, but it helps me feel ready for the day.

Next, I usually drink a glass of water. This is a simple habit, but it is very useful because my body needs water after sleep. I feel more refreshed and energetic after it.

After that, I get dressed. I usually choose comfortable clothes, but if I have an important meeting or class, I try to dress more neatly. I think appearance matters because it affects confidence.

Then I go to the kitchen and prepare breakfast. I don't always eat a big meal in the morning, but I try to eat something. For example, I often eat toast, eggs, or yogurt. Sometimes I also drink tea or coffee. Coffee helps me feel more energetic, especially on busy mornings.

While eating breakfast, I sometimes check my phone. I read messages or look at the weather. However, I try not to spend too much time on my phone because it can distract me from starting the day properly.

Before starting work or studying, I often plan my day. I make a small to-do list and think about what is most important. This habit helps me stay organized and feel in control. It also reduces stress during the day.

Sometimes I also do a short activity in the morning, like stretching or taking a short walk. It helps my body wake up and improves my mood. Even a few minutes can make a big difference.

In general, my morning habits are simple, but they are very useful for me. When I follow my routine, I feel more productive and focused. When I don't, my day feels more chaotic. That is why I try to keep my morning routine consistent, even on weekends.

Key Vocabulary and Expressions

morning habits — утренние привычки

set the mood — задавать настроение

feel tired — чувствовать усталость

get up quickly — быстро вставать

open the curtains — открывать шторы

natural light — естественный свет

feel awake — чувствовать себя бодрым

wash my face — умываться

brush my teeth — чистить зубы

glass of water — стакан воды

feel refreshed — чувствовать себя свежим

get dressed — одеваться

dress neatly — одеваться аккуратно

appearance matters — внешний вид важен

feel energetic — чувствовать энергию

busy morning — занятое утро

check my phone — проверять телефон

look at the weather — смотреть погоду

to-do list — список дел

stay organized — оставаться организованным
in control — под контролем
stretch my body — разминать тело
improve my mood — улучшать настроение
consistent routine — стабильный распорядок

Useful Patterns

I usually + verb — Я обычно + глагол

I try to + verb — Я стараюсь + глагол

I sometimes + verb — Я иногда + глагол

I don't always + verb — Я не всегда + глагол

This helps me + verb — Это помогает мне + глагол

It makes me + adjective — Это делает меня + прилагательное

Although I..., I still... — Хотя я..., я всё равно...

When I..., I feel... — Когда я..., я чувствую...

Because it helps me + verb — Потому что это помогает мне + глагол

It is important to + verb — Важно + глагол

Practice: Answer the Questions

1. What time do you usually wake up?

Model answer:

I usually wake up at 7 a.m. when my alarm clock rings. I try

to get up quickly because it helps me feel more awake and start my day in a good way.

2. What is the first thing you do in the morning?

Model answer:

The first thing I do is open the curtains and wash my face. This helps me feel refreshed and ready for the day.

3. Do you drink water in the morning?

Model answer:

Yes, I usually drink a glass of water in the morning. It is a simple habit, but it helps me feel more energetic and healthy.

4. Do you use your phone in the morning?

Model answer:

Yes, sometimes I check my phone to read messages or look at the weather. However, I try not to spend too much time on it.

5. Why are morning habits important?

Model answer:

Morning habits are important because they set the mood for the day. When I follow my routine, I feel more organized and

productive.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions from the vocabulary list and add one reason or example.

Example:

I usually follow a consistent routine in the morning because it helps me stay organized. For example, I always drink a glass of water and make a to-do list to feel in control and start the day better.

Practice: Complete the Sentences

I usually feel more _____ after I wash my face in the morning.

I open the curtains to let in _____ light.

I make a _____ list to plan my day.

I try to dress _____ before leaving home.

A good morning routine can improve my _____.

Evening routine — Вечерний распорядок

Text

Evening routine is very important because it helps me relax after a busy day and get ready for good sleep. My evenings are usually calm, but sometimes they can be a bit different if I have a lot of tasks or meetings.

After finishing work or studying, I try to disconnect from all responsibilities. I usually close my laptop, put my phone aside, and take a short break. This helps me feel that the working day is really over and I can switch to rest mode.

First, I often clean my room a little. I don't do a deep cleaning every day, but I like to keep my space tidy because it helps me feel more comfortable and relaxed. A clean environment always improves my mood.

Then I prepare dinner or heat up food. I usually don't cook something complicated in the evening because I am already tired. So I prefer something simple like soup, pasta, or a sandwich. Although it is a light meal, it is enough for me at night.

While eating dinner, I sometimes watch videos or listen to music. It helps me relax my mind after a long day. However, I try not to spend too much time on my phone or TV because I want to sleep better later.

After dinner, I usually take some time for myself. I might read a book, take a warm shower, or just sit quietly. Reading is a good habit because it helps me calm down and focus on something peaceful.

Later in the evening, I prepare for the next day. I choose my clothes, check my schedule, and sometimes write a short to-do list. This small routine helps me feel more organized and reduces stress in the morning.

Sometimes I also reflect on my day. I think about what I did well and what I can improve. This helps me understand my habits better and become more productive over time.

Before going to bed, I try to avoid bright screens. I usually dim the lights, wash my face, and prepare my room for sleep. A quiet and calm environment helps me fall asleep faster.

Finally, I go to bed at around 11 p.m. I try to sleep enough because good sleep is very important for my energy and health.

Although every day is not perfect, I try to keep a stable evening routine because it helps me end the day in a peaceful way.

Key Vocabulary and Expressions

evening routine — вечерний распорядок

busy day — занятый день

disconnect from work — отключиться от работы

take a break — делать перерыв

put phone aside — убрать телефон

tidy room — убрать комнату

clean environment — чистая среда

improve my mood — улучшать настроение

heat up food — разогревать еду

light meal — лёгкая еда

relax my mind — расслабить ум

spend time for myself — проводить время для себя

warm shower — тёплый душ

calm down — успокоиться

prepare for the next day — готовиться к следующему дню

schedule — расписание

to-do list — список дел

reflect on the day — размышлять о дне

bright screens — яркие экраны

fall asleep — засыпать

stable routine — стабильный распорядок

Useful Patterns

I usually + verb — Я обычно + глагол

I try to + verb — Я стараюсь + глагол

I sometimes + verb — Я иногда + глагол

I like to + verb — Мне нравится + глагол

I don't always + verb — Я не всегда + глагол

This helps me + verb — Это помогает мне + глагол

It makes me + adjective — Это делает меня + прилагатель-

ное

Although I..., I still... — Хотя я..., я всё равно...

When I..., I feel... — Когда я..., я чувствую...

Because it helps me + verb — Потому что это помогает мне

+ глагол

Practice: Answer the Questions

1. What do you usually do after work or study?

Model answer:

I usually disconnect from work and take a short break. I close my laptop and put my phone aside because I want to relax after a busy day.

2. Do you clean your room in the evening?

Model answer:

Yes, I sometimes tidy my room in the evening. A clean environment helps me feel more comfortable and improves my mood.

3. What do you eat for dinner?

Model answer:

I usually eat a light meal like pasta, soup, or a sandwich. I prefer simple food because I am often tired in the evening.

4. Do you use your phone or watch TV at night?

Model answer:

Yes, sometimes I watch videos or use my phone, but I try not to spend too much time on screens because I want to sleep better.

5. Why is an evening routine important?

Model answer:

An evening routine is important because it helps me relax my mind and prepare for sleep. It also helps me end the day in a calm way.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions

from the vocabulary list and add one reason or example.

Example:

I usually follow a stable evening routine because it helps me relax my mind. For example, I always take a warm shower and reflect on my day before going to bed, so I feel calm and organized.

Practice: Complete the Sentences

After a busy day, I need to _____ from work.

I usually eat a _____ meal in the evening.

A clean room helps me improve my _____.

I sometimes _____ on my day before bed.

A good evening routine helps me _____ asleep faster.

At the supermarket

— В супермаркете

Text

Going to the supermarket is a regular part of daily life. Most people go shopping several times a week to buy food and other things they need at home. I usually go to the supermarket in the evening or on weekends when I have more free time.

Before I go shopping, I often make a shopping list. This helps me remember what I need and avoid buying unnecessary things. Sometimes I still buy extra items, especially when I see discounts or special offers, but a list helps me stay more organized.

When I arrive at the supermarket, I take a shopping cart or a basket. If I plan to buy many things, I choose a cart, but if I only need a few items, I take a basket. Then I start walking through the aisles and looking for the products on my list.

I usually begin with fruits and vegetables. I try to choose fresh products, so I check how they look and sometimes smell them. After that, I go to the dairy section to buy milk, cheese, or yogurt. Then I visit other sections like bread, meat, and frozen food.

While shopping, I often compare prices. Some products are more expensive than others, so I look for good quality at a reasonable price. Sometimes I choose store brands because they are cheaper, but still good.

I also pay attention to expiration dates. It is important to check them, especially for dairy products and meat. I don't want to buy something that will go bad soon.

Sometimes I buy snacks or something sweet, although I try not to do it too often. Supermarkets often place these products near the checkout, so it is easy to take them without thinking.

When I finish shopping, I go to the checkout. I put my items on the conveyor belt and wait for the cashier. Sometimes there are long lines, so I need to be patient. While waiting, I sometimes check my phone or look around.

At the checkout, I pay for my groceries. I can pay by card or in cash. After that, I pack my bags and leave the supermarket.

When I get home, I unpack everything and put the products in the fridge or cupboards. I feel satisfied because I have everything I need for the next few days.

In general, going to the supermarket is a simple activity, but it requires attention and planning. When I shop carefully, I save money and avoid stress later.

Key Vocabulary and Expressions

supermarket — супермаркет

shopping list — список покупок

avoid unnecessary things — избегать лишних покупок

special offer — специальное предложение

shopping cart — тележка

basket — корзина

aisle — проход (в магазине)

fresh products — свежие продукты

dairy section — молочный отдел

frozen food — замороженные продукты

compare prices — сравнивать цены

reasonable price — разумная цена

store brand — магазинный бренд

expiration date — срок годности

go bad — испортиться

snacks — закуска

checkout — касса

conveyor belt — лента на кассе

cashier — кассир

long line — длинная очередь

pay in cash — платить наличными

pay by card — платить картой

groceries — продукты

unpack groceries — разбирать покупки

Useful Patterns

I usually + verb — Я обычно + глагол

I try to + verb — Я стараюсь + глагол

I sometimes + verb — Я иногда + глагол

I don't always + verb — Я не всегда + глагол

This helps me + verb — Это помогает мне + глагол

It is important to + verb — Важно + глагол

I prefer + noun/verb — Я предпочитаю

Because it helps me + verb — Потому что это помогает мне

+ глагол

When I..., I... — Когда я..., я...

I need to + verb — Мне нужно + глагол

Practice: Answer the Questions

1. How often do you go to the supermarket?

Model answer:

I usually go to the supermarket two or three times a week. I

prefer going in the evening because I have more free time.

2. Do you make a shopping list?

Model answer:

Yes, I often make a shopping list. It helps me stay organized and avoid unnecessary things.

3. What do you usually buy?

Model answer:

I usually buy fresh products like fruits and vegetables, as well as milk, bread, and snacks. I try to choose good quality at a reasonable price.

4. Do you compare prices?

Model answer:

Yes, I often compare prices. This helps me save money and choose better products.

5. How do you usually pay?

Model answer:

I usually pay by card, but sometimes I pay in cash. It depends on the situation.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions from the vocabulary list and add one reason or example.

Example:

I usually make a shopping list before going to the supermarket because it helps me avoid unnecessary things. For example, I only buy fresh products and check expiration dates so the food does not go bad.

Practice: Complete the Sentences

Before shopping, I make a _____ list.

I take a shopping _____ if I buy many things.

I always check the _____ date on products.

At the checkout, I wait in a long _____.

I usually pay by _____ or in cash.

Online shopping — Онлайн-покупки

Text

Online shopping is very popular today because it is easy, fast, and convenient. Many people prefer buying things online instead of going to physical stores. I also use online shopping quite often, especially when I don't have enough time to go out.

One of the main advantages of online shopping is convenience. I can shop at any time, even late at night or early in the morning. I don't need to leave my home, so I save time and energy. This is very useful on busy days.

When I want to buy something, I usually open a shopping app or website and search for the product. I type the name of the item and look through different options. There are often many choices, so I try to compare prices, quality, and reviews.

Reading reviews is very important for me. Other customers share their experience, so I can understand if the product is good or not. Although not all reviews are perfect, they still help me make better decisions.

Another advantage is that I can easily compare prices. In

physical stores, it takes more time, but online I can check many websites in a few minutes. This helps me find the best deal.

I also like that there are many discounts and special offers online. Sometimes I can buy things much cheaper than in regular shops. However, I try not to buy unnecessary things just because they are on sale.

When I choose a product, I add it to the cart and then go to checkout. I enter my address and choose a delivery option. Some deliveries are fast, but others take several days. I usually choose standard delivery because it is cheaper.

After that, I pay for the order. I usually pay by card, but sometimes I use other payment methods. When the payment is done, I receive a confirmation message.

Then I wait for my order. Sometimes I track the delivery to see where my package is. When it arrives, I check the product carefully. If everything is fine, I keep it. If there is a problem, I can return it or ask for a refund.

Of course, online shopping also has some disadvantages. For example, I cannot see or touch the product before buying it. Sometimes the size is wrong or the quality is not as good as I expected. But in general, it is still very convenient.

In conclusion, online shopping is a useful part of modern life. It saves time, offers many choices, and makes shopping easier. That is why I use it regularly.

Key Vocabulary and Expressions

online shopping — онлайн-покупки

convenient — удобный

save time and energy — экономить время и силы

search for a product — искать товар

look through options — просматривать варианты

compare prices — сравнивать цены

read reviews — читать отзывы

customer reviews — отзывы покупателей

make a decision — принимать решение

best deal — лучшее предложение

discount — скидка

special offer — специальное предложение

unnecessary things — ненужные вещи

add to cart — добавить в корзину

checkout — оформление заказа

delivery option — способ доставки

standard delivery — обычная доставка

payment method — способ оплаты

confirmation message — подтверждение

track the delivery — отслеживать доставку

package — посылка

return a product — вернуть товар

get a refund — получить возврат денег

wrong size — неправильный размер

Useful Patterns

I usually + verb — Я обычно + глагол

I try to + verb — Я стараюсь + глагол

I sometimes + verb — Я иногда + глагол

I prefer + noun/verb — Я предпочитаю

I don't always + verb — Я не всегда + глагол

This helps me + verb — Это помогает мне + глагол

It is easy to + verb — Легко + глагол

Because it helps me + verb — Потому что это помогает мне

+ глагол

Although I..., I still... — Хотя я..., я всё равно...

When I..., I... — Когда я..., я...

Practice: Answer the Questions

1. Do you like online shopping?

Model answer:

Yes, I like online shopping because it is very convenient. It helps me save time and find many options easily.

2. What do you usually buy online?

Model answer:

I usually buy clothes, electronics, and small items online. I like to compare prices and read reviews before I make a decision.

3. Do you read reviews before buying?

Model answer:

Yes, I always read customer reviews. They help me understand the quality and choose the best deal.

4. How do you usually pay?

Model answer:

I usually pay by card. It is fast and easy, and I get a confirmation message after payment.

5. What are the disadvantages of online shopping?

Model answer:

One disadvantage is that I cannot see the product before buying. Sometimes the size is wrong, and I need to return the product.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions from the vocabulary list and add one reason or example.

Example:

I usually prefer online shopping because it helps me save time and energy. For example, I can compare prices, read customer reviews, and find the best deal without leaving home.

Practice: Complete the Sentences

I usually _____ for a product online.

I read _____ before I buy something.

I add items to my _____ before checkout.

I choose a _____ option for delivery.

If there is a problem, I can _____ the product.

Ordering food delivery — Заказ еды

Text

Ordering food delivery is very common today because it is fast, easy, and convenient. Many people order food when they are busy, tired, or just don't want to cook. I also order food delivery from time to time, especially after a long day.

When I feel hungry and don't want to cook, I usually open a food delivery app. There are many restaurants to choose from, so I spend some time looking through the options. I check the menu, prices, and photos of the dishes.

I also pay attention to customer reviews. They help me understand if the food is tasty and if the service is good. Although reviews are not always perfect, they give useful information.

After choosing a restaurant, I look at the menu and decide what to order. I usually choose something simple like pizza, pasta, or a burger. Sometimes I try new dishes, but not very often. I prefer food that I already know and like.

Then I add the dishes to my cart. I also check if there are any special offers or discounts. Sometimes I can get free delivery or

a lower price, which is always nice.

Next, I go to checkout. I enter my address and check the delivery time. Some restaurants deliver food very quickly, but sometimes I need to wait longer, especially in the evening.

After that, I choose a payment method. I usually pay by card, but sometimes I pay in cash when the courier arrives. When the order is confirmed, I receive a message with the details.

While I am waiting, I sometimes track the delivery. It is interesting to see where my food is and how long it will take. I usually feel excited when the order is on the way.

When the courier arrives, I take my food and check the order. If everything is correct, I start eating right away. If something is missing or wrong, I can contact support and ask for help.

Of course, food delivery has some disadvantages. For example, it can be more expensive than cooking at home. Also, the food is not always as fresh as in a restaurant. However, it is still very convenient and saves time.

In general, ordering food delivery is a great option when I am busy or tired. It makes life easier and gives me a chance to enjoy different types of food without cooking.

Key Vocabulary and Expressions

food delivery — доставка еды

order food — заказывать еду

don't feel like cooking — не хочется готовить

look through options — просматривать варианты

menu — меню

dishes — блюда

customer reviews — отзывы клиентов

tasty food — вкусная еда

choose a restaurant — выбрать ресторан

place an order — оформить заказ

add to cart — добавить в корзину

special offer — специальное предложение

free delivery — бесплатная доставка

checkout — оформление заказа

delivery time — время доставки

payment method — способ оплаты

pay by card — платить картой

pay in cash — платить наличными

confirm the order — подтвердить заказ

track the delivery — отслеживать доставку

courier — курьер

on the way — в пути

contact support — связаться с поддержкой

saves time — экономит время

Useful Patterns

I usually + verb — Я обычно + глагол

I try to + verb — Я стараюсь + глагол

I sometimes + verb — Я иногда + глагол

I prefer + noun/verb — Я предпочитаю

I don't feel like + verb-ing — Мне не хочется + глагол

This helps me + verb — Это помогает мне + глагол

It is easy to + verb — Легко + глагол

Because it helps me + verb — Потому что это помогает мне

+ глагол

Although I..., I still... — Хотя я..., я всё равно...

When I..., I... — Когда я..., я...

Practice: Answer the Questions

1. Do you often order food delivery?

Model answer:

Yes, I sometimes order food delivery when I don't feel like cooking. It is very convenient and saves time.

2. What kind of food do you usually order?

Model answer:

I usually order simple dishes like pizza or burgers. I prefer

food that I already know and like.

3. Do you read reviews before ordering?

Model answer:

Yes, I often read customer reviews. They help me choose a good restaurant and avoid bad experiences.

4. How do you usually pay?

Model answer:

I usually pay by card, but sometimes I pay in cash. It depends on the situation.

5. What do you do while waiting for your order?

Model answer:

While waiting, I sometimes track the delivery. I like to see when my food is on the way.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions from the vocabulary list and add one reason or example.

Example:

I usually order food delivery when I don't feel like cooking because it saves time. For example, I often choose pizza, read customer reviews, and track the delivery while I wait.

Practice: Complete the Sentences

When I am tired, I _____ food instead of cooking.

I look at the _____ before I choose dishes.

I sometimes get _____ delivery with special offers.

I can _____ the delivery to see where my food is.

The _____ brings the food to my door.

Coffee shop conversations

— Разговоры в кофейне

Text

Going to a coffee shop is a popular way to relax, meet friends, or even work. Coffee shops are usually comfortable and have a friendly atmosphere, so people often spend time there talking or enjoying a drink. I like going to coffee shops because it is a nice place to take a break and have simple conversations.

When I enter a coffee shop, I usually look at the menu first. There are many options, such as coffee, tea, and different desserts. If I am not sure what to choose, I sometimes ask the barista for recommendations. This helps me try something new.

When I am ready, I go to the counter and place my order. I might say, «Can I have a latte, please?» or «I'd like a cappuccino.» If I want something to eat, I also order a sandwich or a piece of cake. After that, I pay and wait for my order.

Sometimes I go to a coffee shop alone, but often I meet friends there. When I meet someone, we usually start with simple questions like «How are you?» or «How was your day?» These

questions help to start the conversation in a natural way.

We often talk about daily life, work, studies, or plans for the weekend. For example, I might say, «I had a busy day at work,» or «I am planning to travel soon.» My friends also share their news, so the conversation becomes more interesting.

Sometimes we also talk about hobbies or interests. For example, we discuss movies, music, or books. These topics are easy and enjoyable, and they help us relax.

In a coffee shop, people also often use polite expressions. For example, we say «please,» «thank you,» and «excuse me.» If we need something, we can say, «Could I get some water?» or «Can you help me?» Polite language is important in public places.

If the coffee shop is busy, it can be a bit noisy. Although it is not always perfect for long conversations, it still has a nice atmosphere. I like the background noise because it makes the place feel alive.

Sometimes I also bring my laptop and do some work while drinking coffee. It is easier to focus in a comfortable place, especially when there are not too many distractions.

When I finish my drink, I usually stay for a while and continue

talking or relaxing. Before leaving, I always clean my table and say goodbye to my friends.

In general, coffee shop conversations are simple, friendly, and relaxed. They are a good way to communicate, practice English, and enjoy time with other people.

Key Vocabulary and Expressions

coffee shop — кофейня

friendly atmosphere — дружелюбная атмосфера

take a break — сделать перерыв

look at the menu — посмотреть меню

ask for recommendations — попросить рекомендации

barista — бариста

place an order — сделать заказ

at the counter — у стойки

I'd like... — я бы хотел...

wait for the order — ждать заказ

meet friends — встречаться с друзьями

start a conversation — начать разговор

daily life — повседневная жизнь

share news — делиться новостями

talk about plans — говорить о планах

polite expressions — вежливые выражения

excuse me — извините

could I get... — можно мне...

busy place — оживлённое место

background noise — фоновый шум

feel comfortable — чувствовать себя комфортно

stay for a while — остаться на некоторое время

say goodbye — попрощаться

Useful Patterns

I usually + verb — Я обычно + глагол

I sometimes + verb — Я иногда + глагол

I like to + verb — Мне нравится + глагол

I prefer + noun/verb — Я предпочитаю

I'd like + noun — Я бы хотел

Can I have...? — Можно мне...?

Could I get...? — Могу ли я получить...?

We usually + verb — Мы обычно + глагол

When I..., I... — Когда я..., я...

It helps me + verb — Это помогает мне + глагол

Practice: Answer the Questions

1. Do you like going to coffee shops?

Model answer:

Yes, I like going to coffee shops because they have a friendly atmosphere. It helps me relax and take a break.

2. What do you usually order?

Model answer:

I usually order coffee, like a latte or cappuccino. Sometimes I also get a dessert.

3. Do you go alone or with friends?

Model answer:

I sometimes go alone, but I often meet friends there. We like to talk about daily life and share news.

4. What do you usually talk about?

Model answer:

We usually talk about work, hobbies, and plans. It is easy and interesting, and it helps us relax.

5. Do you use polite expressions in a coffee shop?

Model answer:

Yes, I always use polite expressions like «please» and «thank you.» I think it is important in public places.

Expand Your Answer

Try to give a longer answer. Use at least 2—3 expressions from the vocabulary list and add one reason or example.

Example:

I usually meet friends at a coffee shop because it has a friendly atmosphere. For example, we look at the menu, place an order, and talk about our daily life while we enjoy coffee.

Practice: Complete the Sentences

When I enter a coffee shop, I look at the _____.

I sometimes ask the _____ for recommendations.

I go to the counter to _____ an order.

We usually talk about our _____ life.

I always use polite _____ like «please» and «thank you.»

Talking about hobbies

— Разговор о хобби

Text

Talking about hobbies is a common and easy way to start a conversation. People often ask about hobbies when they meet someone new because it helps them find common interests. I also like talking about hobbies because it is a simple and interesting topic.

A hobby is something you do in your free time for fun. It can be anything, such as reading, watching movies, playing sports, or listening to music. Everyone has different hobbies, and that makes conversations more interesting.

When I talk about my hobbies, I usually say what I like to do and why I enjoy it. For example, I might say, «I like watching movies because it helps me relax,» or «I enjoy listening to music because it improves my mood.» These simple sentences help me express my thoughts clearly.

Sometimes people ask, «What do you do in your free time?» or «Do you have any hobbies?» These questions are very

common. I usually answer with a short explanation and then add some details.

I also like to ask other people about their hobbies. For example, I can say, «What do you like to do in your free time?» or «Do you enjoy sports?» This helps to continue the conversation and show interest.

When people talk about hobbies, they often use expressions like «I am interested in...», «I enjoy...», or «I spend time...». These phrases are very useful and easy to remember.

Sometimes I discover new hobbies through conversations. For example, a friend might tell me about a new activity, and I decide to try it. Although I don't always like every new hobby, it is still a good experience.

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