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ТОМ СТОРИЗ

Истории на английском про школу и жизнь

УЧЕБНОЕ ИЗДАНИЕ ДЛЯ
ПОДРОСТКОВ



Том Сториз
Истории на английском про
школу и жизнь. Учебное
издание для подростков

<https://litres.ru/74245399>

ISBN 9785007043137

Аннотация

Учебное пособие для изучающих английский язык на уровне А2-В1. Книга содержит короткие рассказы о повседневной жизни подростков и систему упражнений для развития чтения, лексики, грамматики и устной речи. Материал построен на простых и понятных языковых структурах и отражает реальные ситуации общения. Подходит для самостоятельной работы и использования на занятиях.

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**Истории на английском
про школу и жизнь
Учебное издание
для подростков**

Том Сториз

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ISBN 978-5-0070-4313-7

Создано в интеллектуальной издательской системе Ridero

Введение

Настоящее учебное пособие предназначено для учащихся, изучающих английский язык на уровне А2. Основной целью книги является развитие навыков чтения, понимания и использования английского языка в типичных повседневных ситуациях. Материал ориентирован на подростковую аудиторию и учитывает особенности их учебной мотивации и коммуникативных потребностей.

Содержание пособия построено на основе коротких рассказов, отражающих реальные жизненные ситуации: учебу, общение с друзьями, взаимодействие в цифровой среде, участие в школьных мероприятиях, а также решение бытовых и социальных задач. Каждый текст написан с использованием ограниченного набора грамматических структур и лексики, соответствующих заявленному уровню. В центре внимания находятся времена Present Simple, Past Simple, Future Simple, а также базовые модальные глаголы.

Каждая глава включает рассказ и систему упражнений, направленных на формирование ключевых языковых навыков. Задания охватывают понимание содержания, работу с лексикой, закрепление грамматических моделей, перевод и развитие устной речи. Упражнения организованы таким об-

разом, чтобы учащиеся могли не только проверять понимание текста, но и активно использовать новые языковые единицы в собственных высказываниях.

Особое внимание уделено последовательности и повторяемости языкового материала. Лексика и конструкции вводятся постепенно и закрепляются в разных контекстах без избыточного дублирования. Это позволяет формировать устойчивые навыки и снижает когнитивную нагрузку при изучении языка.

Пособие может использоваться как для самостоятельной работы, так и в рамках учебного процесса под руководством преподавателя. Структура материала обеспечивает гибкость в использовании и позволяет адаптировать задания в зависимости от целей обучения.

Таким образом, данное издание направлено на формирование базовой коммуникативной компетенции на английском языке и развитие уверенности учащихся в использовании языка в повседневной жизни.

One Message Changed Everything

Story

It was a normal Monday morning. Emma woke up at 7 a.m. and checked her phone. She always did that before she got out of bed. There were a few messages from her friends, but nothing important.

She got up, had breakfast, and got ready for school. While she was brushing her hair, her phone buzzed again. She looked at the screen and saw a new message from an unknown number.

«Hi. Is this Emma?»

Emma felt a little confused. She didn't know the number.

«Yes, this is Emma. Who is this?» she wrote.

She put her phone in her bag and went to school.

At school, everything was the same. Her first class was English. Then she had math. She talked to her best friend Lily during the break.

«Did anything interesting happen this morning?» Lily asked.

«Not really,» Emma said. «Just a strange message from an unknown number.»

«What did it say?» Lily asked.

«Just „Hi. Is this Emma?“ I answered, but I don't know who it is,» Emma replied.

«That's weird,» Lily said. «You should be careful.»

Emma nodded.

After school, Emma walked home. When she opened the door, she checked her phone again. There was a new message.

«It's Alex. We met last summer at the camp.»

Emma stopped and smiled. She remembered Alex. They spent a lot of time together at the summer camp. They talked every day and played games. But after the camp, they didn't stay in touch.

«Alex? Really?» she wrote.

«Yes! I found your number in my old notebook,» he replied.

Emma felt excited.

«How are you?» she wrote.

«I'm good! I moved to your city last week,» Alex answered.

«Really? That's amazing!» she wrote.

«Can we meet?» he asked.

Emma thought for a moment. She felt a little nervous, but also happy.

«Yes, we can meet. Maybe tomorrow after school?» she wrote.

«Perfect,» Alex replied.

The next day, Emma met Alex in the park. They talked for a long time. Emma felt happy. One message changed everything.

Exercises

A. Reading Comprehension

Why did Emma check her phone in the morning?

Who sent the first message?

What did Lily think about the message?

Where did Emma meet Alex?

How did Emma feel at the end?

Beginning / Middle / End

Beginning:

Middle:

End:

True / False

Emma knew the number at first. _____

Lily was worried about the message. _____

Alex moved to another city. _____

Emma was nervous to meet Alex. _____

They met at school. _____

B. Vocabulary

Match the words with their meaning:

unknown number ____

buzz ____

reply ____

nervous ____

move ____

a. to answer

b. to change place

c. not known

d. worried or afraid

e. make a vibrating sound

Make sentences:

unknown number

nervous

reply

C. Grammar

Fill in the blanks (use the correct form):

Emma _____ up at 7 a.m. (wake)

She _____ her phone. (check)

She _____ not know the number. (do)

Alex _____ to her city last week. (move)

They _____ at the park. (meet)

Put the words in the correct order:

checked / she / her / phone

met / they / park / the / in

didn't / she / number / know / the

Choose the correct option:

She (check / checked) her phone.

They (meet / met) in the park.

He (move / moved) last week.

D. Practice

Do you often get messages from unknown numbers?

How do you feel when you see an old friend again?

E. Translation

English → Russian

I got a message this morning.
They met in the park.

Russian → English

Я получил сообщение вчера.
Мы встретились после школы.

I Didn't Want to Open That Chat

Story

It was Friday evening. Max was sitting on his bed and looking at his phone. He felt tired after a long school day. He wanted to relax and watch videos.

Suddenly, his phone buzzed. He saw a new message in his class group chat.

Max didn't want to open it.

«Not again,» he thought.

Last week, there was a problem in the group. Some students argued about a group project. People wrote many messages, and it became stressful.

Max opened another app, but he couldn't stop thinking about the message.

«What if it is important?» he thought.

After a few minutes, he finally opened the chat.

There were many new messages.

«Why didn't you finish your part?» one student wrote.

«I did my part!» another replied.

«This project is a mess,» someone said.

Max felt nervous. He didn't like conflict.

Then he saw his name.

«Max, can you send your part again?» Anna wrote.

Max took a deep breath.

«I already sent it yesterday,» he typed.

«Can you send it one more time?» Anna asked.

Max checked his files. He found the document and sent it again.

«Here it is,» he wrote.

«Thank you,» Anna replied.

After that, the chat became quieter.

Max felt better.

Later, his friend Leo texted him.

«Hey, are you okay?» Leo asked.

«Yeah,» Max replied. «I just don't like group chats like that.»

«I understand,» Leo said. «But you did the right thing.»

Max smiled.

He was still a little tired, but now he felt calm.

Sometimes, opening a chat is not easy. But it can solve a problem.

Exercises

A. Reading Comprehension

Why didn't Max want to open the chat?

What happened in the group last week?

Who asked Max to send his part again?

What did Max do?

How did Max feel at the end?

Beginning / Middle / End

Beginning:

Middle:

End:

True / False

Max was excited to open the chat. _____

There was a problem in the group last week. _____

Max didn't do his part of the project. _____

Anna asked Max for help. _____

Max felt better at the end. _____

B. Vocabulary

Match the words with their meaning:

message ____

argue ____

send ____

nervous ____

calm ____

- a. not worried
- b. to give something to someone
- c. a text or information
- d. to disagree strongly
- e. worried or stressed

Make sentences:

message

nervous

send

C. Grammar

Fill in the blanks:

Max _____ on his bed. (sit)
He _____ a message. (see)
He _____ not want to open it. (do)
Anna _____ him a question. (ask)
He _____ the file again. (send)

Put the words in the correct order:

open / didn't / want / he / chat / the / to
part / sent / he / his
better / felt / he

Choose the correct option:

He (feel / felt) nervous.
She (ask / asked) a question.
They (argue / argued) in the chat.

D. Practice

Do you like group chats? Why or why not?
What do you do when people argue online?

E. Translation

English → Russian

I didn't want to open the chat.
He sent the file again.

Russian → English

Я не хотел читать сообщения.
Он почувствовал себя лучше.

The Day I Turned Off My Phone

Story

It was Saturday morning. Nina woke up and reached for her phone. She wanted to check her messages, but then she stopped.

«I feel tired,» she thought. «I need a break.»

She remembered a video about a «digital detox.» People said it was good to spend a day without a phone.

«Maybe I can try,» Nina said to herself.

She turned off her phone and put it in a drawer.

At first, it felt strange. Nina didn't know what to do. She walked around her room and looked out of the window.

Then she went to the kitchen.

«Good morning,» her mom said. «You are up early today.»

«Good morning,» Nina replied. «I turned off my phone for

the day.»

Her mom smiled. «That's a good idea.»

Nina had breakfast with her family. They talked and laughed. Usually, Nina checked her phone during breakfast, but today she didn't.

After breakfast, Nina decided to go outside. The weather was nice. She walked to the park.

She saw children playing and people walking their dogs. Nina sat on a bench and watched them.

A girl sat next to her.

«Hi,» the girl said. «Is this seat free?»

«Yes, of course,» Nina answered.

They started to talk. The girl's name was Kate. She lived nearby.

«I come here every weekend,» Kate said.

«Me too,» Nina said, and smiled. «Well... not always.»

They laughed.

They talked about school, hobbies, and their favorite music.

After some time, Kate said, «Do you want to walk around the park?»

«Sure,» Nina said.

They walked and talked for a long time. Nina felt happy and relaxed.

In the afternoon, Nina went home. She helped her mom cook dinner.

«You are very helpful today,» her mom said.

«I have more time,» Nina replied.

In the evening, Nina sat on her bed and looked at the drawer.

«My phone is there,» she thought. «But I don't need it right now.»

She felt calm.

That day was different. Nina didn't check messages, didn't watch videos, and didn't use social media.

But she talked to people, walked outside, and made a new friend.

Before going to bed, Nina said, «I think I should do this again.»

Exercises

A. Reading Comprehension

Why did Nina turn off her phone?

What did she do in the morning?

Who did Nina meet in the park?

What did Nina do in the afternoon?

How did Nina feel at the end of the day?

Beginning / Middle / End

Beginning:

Middle:

End:

True / False

Nina turned off her phone because she was bored. _____

She used her phone during breakfast. _____

She met a girl in the park. _____

Nina stayed at home all day. _____

She wanted to repeat this experience. _____

B. Vocabulary

Match the words with their meaning:

break ____

strange ____

relaxed ____

nearby ____

helpful ____

- a. calm and not stressed
- b. not usual or a little different
- c. close to you
- d. a short rest
- e. ready to help

Make sentences:

break

relaxed

helpful

C. Grammar

Fill in the blanks:

Nina _____ up early. (wake)
She _____ off her phone. (turn)
She _____ breakfast with her family. (have)
She _____ a new friend. (meet)
They _____ in the park. (walk)

Put the words in the correct order:

phone / she / off / turned / her
park / to / she / went / the
felt / she / calm

Choose the correct option:

She (feel / felt) relaxed.
They (talk / talked) for a long time.
Nina (make / made) a new friend.

D. Practice

Can you spend a day without your phone?
What do you usually do in your free time?

E. Translation

English → Russian

I turned off my phone.
She met a new friend.

Russian → English

Я провёл день без телефона.
Она чувствовала себя спокойно.

Why Did Nobody Answer Me

Story

It was Sunday afternoon. Leo was sitting on his bed and looking at his phone. He sent a message to his friends two hours ago.

«Hey, do you want to meet today?»

He looked at the screen again. No new messages.

Leo felt confused.

«Maybe they are busy,» he thought.

He put his phone next to him and tried to watch a video. But he couldn't focus.

After ten minutes, he checked his phone again.

Still nothing.

«Why did nobody answer me?» he thought.

Leo felt a little upset. He wanted to go out and spend time with his friends.

He opened the group chat and read old messages. Yesterday, everyone was active and happy.

«Let's meet this weekend!» someone wrote.

«Great idea!» another friend replied.

But now, the chat was silent.

Leo stood up and walked around his room.

«Did I say something wrong?» he thought.

He felt nervous.

After some time, he decided to write again.

«Is everything okay?» he sent.

He waited.

Five minutes passed.

Then his phone buzzed.

«Sorry! I was at my grandma's house,» Anna wrote.

«Same here. I was helping my dad,» Tom replied.

«I didn't see your message,» Mia added.

Leo smiled.

«That's okay,» he wrote. «Do you still want to meet?»

«Yes!» Anna replied. «Maybe at 5?»

«Sounds good,» Tom wrote.

Leo felt better.

At 5 p.m., Leo met his friends at the park. They talked, laughed, and had a great time.

Later, Leo thought, «Sometimes people are just busy. It doesn't mean they don't care.»

He looked at his phone, but this time, he didn't feel worried.

Exercises

A. Reading Comprehension

When did Leo send the message?

How long did he wait at first?

Why didn't his friends answer?

What did Leo do after waiting?

How did Leo feel at the end?

Beginning / Middle / End

Beginning:

Middle:

End:

True / False

Leo got many replies at first. _____

He felt upset. _____

His friends ignored him. _____

Leo sent another message. _____

They met in the evening. _____

B. Vocabulary

Match the words with their meaning:

answer ____

upset ____

busy ____

silent ____

focus ____

a. not speaking or very quiet

b. to reply

c. feeling sad or worried

d. to think about something carefully

e. having a lot to do

Make sentences:

upset

busy

answer

C. Grammar

Fill in the blanks:

Leo _____ a message. (send)

He _____ for two hours. (wait)

He _____ not get an answer. (do)

His phone _____ at last. (buzz)

They _____ at the park. (meet)

Put the words in the correct order:

answer / nobody / did / me / why

message / he / sent / a

better / he / felt

Choose the correct option:

He (feel / felt) upset.

They (meet / met) at 5 p.m.

She (write / wrote) a message.

D. Practice

How do you feel when nobody answers your message?

What do you usually do in this situation?

E. Translation

English → Russian

Nobody answered my message.
I felt worried.

Russian → English

Я ждал ответа.
Мы встретились в парке.

That Awkward Moment

Story

It was lunchtime at school. Sophie was standing in the cafeteria line with her tray. She felt hungry and tired after two classes.

She looked around and saw her classmates sitting at different tables. Some were laughing, some were talking, and some were looking at their phones.

Sophie took her food and walked slowly. She wanted to sit with someone, but she didn't know where to go.

«Maybe I can sit with Emma and Lily,» she thought.

She walked to their table.

«Hi, can I sit here?» Sophie asked.

Emma looked at Lily. Lily looked at Emma.

«Um... we are waiting for someone,» Emma said.

Sophie felt uncomfortable.

«Oh... okay,» she said quietly.

She walked away.

Sophie looked for another place. Then she saw Max sitting alone.

«Maybe I can sit with him,» she thought.

She walked to his table.

«Hi, Max. Can I sit here?» she asked.

«Sure,» Max said and smiled. «I'm alone.»

Sophie sat down.

For a moment, they didn't say anything.

It was very quiet.

Sophie didn't know what to say.

Max looked at his food.

Sophie looked at her plate.

«That is awkward,» she thought.

Finally, Max said, «So... how was your math test?»

Sophie looked up.

«It was okay, I think,» she said. «It was a bit difficult.»

«Same,» Max said. «I didn't understand the last question.»

They both laughed.

The silence was gone.

They started to talk about school, teachers, and homework.

After some time, Sophie felt relaxed.

«I'm glad I sat here,» she thought.

At the end of lunch, Max said, «We can sit together again tomorrow.»

«Yes, that would be nice,» Sophie said.

When Sophie left the cafeteria, she felt better.

Sometimes, awkward moments can turn into something good.

Exercises

A. Reading Comprehension

Where was Sophie at the beginning?

Why didn't she sit with Emma and Lily?

Who was sitting alone?

What did Max ask Sophie?

How did Sophie feel at the end?

Beginning / Middle / End

Beginning:

Middle:

End:

True / False

Sophie felt confident at first. _____

Emma and Lily invited her to sit. _____

Max was alone. _____

They didn't talk at all. _____

Sophie felt happy at the end. _____

B. Vocabulary

Match the words with their meaning:

awkward ____

quiet ____

alone ____

smile ____

relaxed ____

a. not nervous, calm

b. not comfortable or a little strange

c. not with other people

d. not loud

e. a happy expression on your face

Make sentences:

awkward

alone

relaxed

C. Grammar

Fill in the blanks:

Sophie _____ in the cafeteria. (stand)

She _____ for a place to sit. (look)

She _____ not know what to say. (do)

Max _____ her a question. (ask)

They _____ together. (laugh)

Put the words in the correct order:

sit / can / I / here

didn't / she / say / what / know / to

felt / she / relaxed

Choose the correct option:

She (feel / felt) uncomfortable.

They (talk / talked) after that.

He (smile / smiled) at her.

D. Practice

Do you feel awkward in new situations?

What do you do when you don't know what to say?

E. Translation

English → Russian

It was an awkward moment.
They talked during lunch.

Russian → English

Я чувствовал себя неловко.
Мы сидели вместе.

I Wish I Didn't Say That

Story

It was Tuesday afternoon. Emma was walking home from school with her friend Lily. The weather was nice, but Emma didn't feel happy.

«Are you okay?» Lily asked.

«Yeah... I think so,» Emma said, but her voice was quiet.

In class that day, something happened. During a group discussion, their classmate Ben was talking about his idea for a project.

«I think we can make a video,» Ben said. «It will be fun and creative.»

Emma didn't like the idea. She thought it was too difficult.

«That's a bad idea,» she said.

The class became quiet.

Ben looked surprised.

«Oh... okay,» he said slowly.

Lily looked at Emma.

Emma suddenly felt uncomfortable. She didn't want to be rude, but the words came out too quickly.

After class, Ben didn't talk to her.

Now Emma felt bad.

«I wish I didn't say that,» she said.

«What do you mean?» Lily asked.

«I was too direct,» Emma said. «I didn't think before I spoke.»

Lily nodded. «Maybe you should talk to him.»

Emma thought for a moment.

«You're right,» she said.

The next day at school, Emma saw Ben near the classroom.

«Hi, Ben,» she said.

Конец ознакомительного фрагмента.

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