NAOMI SHERMAN

20 MANIPULATIONS ON A FIRST DATE



Red Flags — How to Turn Warning Signs into Green Flags and Know When You Can't

Be the Woman He Can't Forget

Confidence • Ease • Humor • Boundaries • Genuine Inte

18+

Naomi Sherman

20 MANIPULATIONS ON A FIRST DATE. A pocket guide to dating, uncomfortable questions

«Автор»
2026

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He asks a blunt question — and you freeze for a second. He tests your boundaries, jokes a little too sharply, rushes things, or offers you the bare minimum. Sound familiar?And then, after the date, you think: "Why didn't I answer like that?"This is your pocket guide for those very special cases that may look ordinary on a first date — but change so much afterwards. Red Flags, Green Flags, "Air-Men", "Tube-Squeezers", "50/50 Splitters" — and dozens of live, ready-to-use phrases: soft, direct, with a hint, and with humor.You'll learn not to manipulate, but to lead the conversation so that he wants to keep getting to know you. Not to fake being unavailable, but to keep your own value. Not to settle for the minimum, but to calmly show what format works for you.This is the book for when you want to be light, confident, interesting — and that very woman a man keeps thinking about after the date.Open it before you need it. Especially if you suspect you will.

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20 MANIPULATIONS ON A FIRST DATE

Red Flags: How to Turn Warning Signs into Green Flags — and Know When You Can't

A pocket guide to dating, uncomfortable questions, red flags, and the kind of answers that make a conversation much more interesting.

Instead of a Preface

This book is not about manipulating anyone. You don't need to disappear for three days, wait seven hours before replying, or pretend to be a woman who needs absolutely nothing. That isn't mystery. It's extra work.

The idea here is different: learn to speak in a way that leaves room for ease, curiosity, dignity, and mutual choice. Not to make a man chase you, but to stop accepting a format where he isn't even trying to meet you halfway.

Sometimes one good question changes the entire conversation. Sometimes one calm sentence communicates a boundary better than ten explanations. And sometimes one reply tells you whether you're talking to someone who can communicate—or someone looking for the easiest reaction to control.

And yes: if your friends promise you a "rain of successful, worthy men for relationships," at least let that rain come with a decent forecast.

A Pocket Guide for That Very Special Occasion

Don’t read this section if you’re not ready to become a magnet for the kind of attention that actually feels good. Not a magnet because of some psychological trick—simply a woman who knows what works for her, can say it clearly, and doesn’t try to earn someone’s interest.

1. The Pause Is Your Secret Pocket

You don’t have to answer an unexpected question immediately. “Let me think about that” is a complete answer. “Interesting—why are you asking?” is even better. A pause gives you back the right to choose your answer.

2. Don’t Turn the Date into a Job Interview

A first date is not an audition for the position of girlfriend. Facts matter, but stories are more interesting. Instead of “Do you like traveling?” try: “Where would you go for a week if all your plans were canceled tomorrow?”

3. Don’t Make Yourself Artificially Unavailable

Make your life full. That’s different. You can text first, say you enjoyed the date, or accept an invitation. Showing interest does not make you available for every kind of behavior.

4. Send the Question Back to Its Sender

“How many relationships have you had?” — “What are you trying to understand by asking?” Sometimes the other person starts explaining himself—and suddenly the conversation becomes much more revealing.

5. Watch the Reaction to Your Boundary, Not Just the Mistake

One awkward question proves very little. What matters more is what happens after you say, “That doesn’t work for me.” The ability to listen and adjust is one of the most practical Green Flags.

6. Not Everything Needs to Become a Green Flag

If someone interrupts you once, it may simply be bad manners or nerves. If he keeps doing it after you ask him to stop, mocks the request, and makes you feel guilty, you are looking at a pattern.

7. Three Ways to Answer

Soft: “That’s an unexpected question for a first date.” Direct: “I don’t want to discuss that.” With humor: “Have we already reached the tax-return stage?” With a hint: “And if I answer, what are you planning to do with that information?”

Hot-Air Guy, The Pushy Guy, and The Split-the-Bill Guy

To make typical scenarios easier to remember, the book sometimes uses playful character types. They are not diagnoses or labels—just memorable names for certain kinds of behavior.

Hot-Air Guy

Конец ознакомительного фрагмента.

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